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## **SPORT PSYCHOLOGY COUNCIL**

## **MEETING MINUTES**

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Meeting Date: 5 October, 2012

Meeting Location: Hilton Hotel, Atlanta, GA USA

Approval: October 31, 2012

Recorded By: Judy L. Van Raalte, Ph.D.

## 1 ATTENDANCE

| Name                  | Organization  |
|-----------------------|---|
| Gloria Balague        | American Psychological Association Division of Exercise and Sport Psychology (APA Division 47)              |
| Christine Selby       | American Psychological Association Division of Exercise and Sport Psychology (APA Division 47)              |
| Jack Watson           | Association for Applied Sport Psychology (AASP)   |
| Jack Lesyk            | Association for Applied Sport Psychology (AASP)   |
| Bonnie Berger         | Association for Applied Sport Psychology (AASP)   |
| Jon Metzler           | Association for Applied Sport Psychology (AASP)   |
| Chung-Ju (Glen) Huang | Asian South Pacific Association of Sport Psychology (ASPASP)  |
| Kirsten Peterson      | Australian Institute of Sport (AIS)   |
| Stephanie Hanrahan    | Australian Psychological Society-College of Sport and Exercise Psychologists (CoSEP)                        |
| Ian Maynard           | British Psychological Society (BPS) Division of Sport and Exercise Psychology (DSEP)                        |
| Traci Statler         | International Society of Sport Psychology (ISSP)  |
| Yoichi Kozuma         | Japanese Society of Sport Psychology  |
| Jeff Fairbrother      | North American Society for the Psychology of Sport and Physical Activity (NASPSPA)                          |
| Gualberto Cremades    | SIPD- Ibero-American Society of Sport Psychology  |
| Carlos Giesenow       | South American South American Society of the Psychology of Sport, Physical Activity and Recreation (SOSUPE) |
| Judy VanRaalte        | Sport Psychology Council  |
| Chung-Ju (Glen) Huang | Taiwan Sport Psychology associations  |
| Sean McCann           | United States Olympic Committee   |

## 2 MEETING LOCATION

Building: Hilton Hotel, Atlanta, GA USA

Conference Room: 212

## 3 MEETING START

Meeting Schedule Start: 07:00 am

Meeting Actual Start: 07:05 am

Meeting Scribes: Jon Metzler, Traci Statler, Judy VanRaalte

## 4 AGENDA

1. Greeting – Judy Van Raalte
2. Introductions and brief reports (5 minutes) on the state of their associations.
  - a. Gualberto Cremades: **SIPD- Ibero-American Society of Sport Psychology** – founded in 2005 with members from 20 Spanish and Portuguese speaking countries. The organization hosts a convention (2012 in Brazil), publishes a journal (*Advances in Iberian Sport Psychology*), and offers opportunities for

- networking, earning research awards, and becoming involved with international relations. website - [sippd.org](http://sippd.org)
- b. Sean McCann – **US Olympic Committee (USOC)** currently has 6 full time sport psychology staff members and will be offering a new fellowship focused on neuroscience/psychophysiology in the Spring 2013. The USOC sent 4 sport psychologists with credentials to the London Olympics, an increase over previous years.
  - c. Kirsten Peterson – **Australian Institute for Sport (AIS)** has 6 sport psychologists on staff and is currently hiring. Sport psychologists were on site during the London Games. One sport psychologist was housed in the Olympic Village and 4 others attended the games.
  - d. Ian Maynard – The **British Psychological Society (BPS / DSEP)** has 1200 members. Due to a change in the credentialing process for sport psychology, most sport psychology practitioners have left BASES to be credentialed in psychology via the HCPC (Health Care Professions Council). Grandparenting finished (31 July, 2012) after 3 years. Sport psychology practitioners must now follow the BPS training route: first degree in Psychology [GBC - the Graduate Basis for Certification], BPS kite-marked Master's degree (Stage 1), and 2-3 years of Supervised Experience (Stage 2) by a BPS qualified supervisor.
  - e. Gloria Balague – **American Psychological Association (APA) Division of Sport and Exercise Psychology (Division 47)** now allows interested people to join APA Division 47 without being member of APA. Those who join the division will receive the Journal of Sport, Exercise, and Performance Psychology as a benefit of membership. The division has begun an initiative to define the competencies required to be a sport psychologists. The goal is to develop a pathway for the field from proficiency to specialty. Website: [apa47.org](http://apa47.org)
  - f. Jeff Fairbrother – **North American Society for the Psychology of Sport and Physical Activity (NASPSPA)** is a research focused organization focused on motor behavior and sport and exercise psychology. NASPSPA is currently considering creating an official journal of the organization in conjunction with Human Kinetics publisher and holding their annual convention outside of North America. Website: [www.naspspa.org](http://www.naspspa.org)
  - g. Jon Metzler – incoming Association for **Applied Sport Psychology (AASP)** President-Elect - interested in graduate training issues. Jack Llesyk –AASP currently has 1600 members, the largest number since inception. AASP is working on implementing its strategic plan. The executive board is concentrating on certification, operating globally, decrease membership dues for members of developing countries by 50%.
  - h. Traci Statler – **International Society of Sport Psychology (ISSP)** serves as a resource for international associations, paying particular attention to those in

developing countries and those new to the field of sport psychology. ISSP has changed publishers for their official journal which has resulted in reduced membership fees that include journal subscriptions for all members (\$50 professional, \$20 student). Efforts are under way to increase membership. ISSP has two new books (Athlete Careers Across Cultures and a textbook on international perspectives on sport psychology ) that are currently being prepared for publication. ISSP's convention will be July 21-26, 2013 in Beijing. Abstract submission is open now until December 13, 2012. Website: [www.issponline.org](http://www.issponline.org)

- i. Stephanie Hanrahan – **Australian Psychological Society-College of Sport and Exercise Psychologists (CoSEP)** has 121 members and accredits two graduate programs in sport psychology (i.e., Queensland, Victoria). The other two programs were cut due to financial concerns. Sport psychology graduate programs in Australia are expensive to maintain because they adhere to training requirements of psychology requiring extensive supervised applied work (1000 hours of supervised practice). CoSEP alternate their AGMs between the annual conferences of Sports Medicine Australia (SMA; in Sydney Nov 2012) and the Australian Psychological Society (in Cairns October 2013). The 2013 SMA conference will be head in Phuket, Thailand.
- j. Carlos Giesenow- **South American South American Society of the Psychology of Sport, Physical Activity and Recreation (SOSUPE)** was founded in 1986 and since then has had country members Argentina, Brazil, Chile and Uruguay. Each country has a national society (APDA, SOBRAPE, SOCHIPD, SUPDE) to which individual sport psychologists belong. There are continuing conversations of adding new countries, in particular Paraguay and Peru. The national societies hold conferences and may publish magazines of interest to coaches, athletes, and sport psychologists such as *Psicodeportes* which can be viewed at [psicodeportes.com](http://psicodeportes.com). SOSUPE has a web page ([sosupe.com](http://sosupe.com)) and holds a conference each two or three years, the next one will be in Chile 2013. Current president is Enrique Aguayo (Chile).
- k. Chung-Ju (Glen) Huang -**Asian South Pacific Association of Sport Psychology (ASPASP)** is active in furthering sport psychology education and disseminating sport psychology information. The new text, Secrets of Asian Sport Psychology will be available from ASPASP free of charge as a download when it is complete. Peter Terry shared additional information about ASPASP, which was established in 1989 and has more than 4000 members in more than 20 countries throughout the Asian-South Pacific region. This number includes all full members and student members of national societies plus those who have joined ASPASP as individual members. ASPASP recent and forthcoming activities include international conferences in Taiwan (2011), Macau (December, 2012), Beijing (July, 2013, to coincide with the ISSP World Congress of Sport Psychology) and Tokyo (August, 2014). Typically, these conferences attract 400-500 delegates. ASPASP is currently developing a training and accreditation process for members, many of whom come from countries without national sport psychology associations or relevant university programs. Given the high proportion of developing nations within the region and the associated issue of affordability of

educational opportunities, this system will align where possible with no-cost Open Educational Resources (OER) for training purposes and cost recovery only for assessment and accreditation. The first course in this initiative, *Psychological Foundations of Exercise and Sport*, is being produced as an online OER in conjunction with the University of Southern Queensland, and should be up and running in late 2013. Website: [www.aspasp.org](http://www.aspasp.org)

- I. Yoichi Kozuma - **Japanese Society of Sport Psychology** currently has 130 certified consultants. The focus of the organization is research. The **Japanese Society of Mental Training and Applied Sport Psychology** (organized in 2006) not certifies consultants with a focus on coaches and athletes.
3. Discussion of certification
  - a. Ian Maynard (BPS) described the BPS certification levels. Agreed to share this information with the group.
  - b. Stephanie Hanrahan noted that in Australia, all applied training in sport psychology occurs at the Master's level in psychology. The PhD in sport psychology is primarily a research degree.
4. Discussion of sharing newsletters
  - a. Sharing website information may be preferable to sharing newsletters as many newsletters are available online.
  - b. Jeff Fairweather noted that there are copyright and other issues related to archiving/storing newsletter with PsycExtra. Caution was advised for organizations considering archiving their organizational materials with this or similar services.
5. Discussion of Sport Psychology Council presence on the internet.
  - a. Gloria Balague asked if a section on the AASP Website could be devoted to the Sport Psychology Council. Jack Lesyk responded that this would be possible.
  - b. Suggestions were made to provide sport psychology council information to multiple organizations to make information as widely available as possible.
  - c. Judy Van Raalte initiated discussion of a potential "press release" or standardized statement explaining what the Sport Psychology Council is, that could be shared with all participating organizations to post on their websites with relevant information to clarify the sport psychology council's mission.
  - d. Jeff Fairweather suggested including each organization's logo with Sport Psychology Council information to highlight the organizations.
6. Next meeting
  - a. Jack Lesyk requested of ISSP (Traci Statler) that a meeting time and location for a Sport Psychology Council meeting at the next ISSP World Congress in Beijing be set aside.
  - b. Peter Terry noted that ASPASP offered to host such a meeting at ASPASP.
  - c. Traci Statler indicated she would follow up with details regarding this meeting.
7. Judy VanRaalte requested that everyone present follow up with input regarding the minutes (to be distributed), the sharing of websites, and any information regarding

certification, accreditation as available or outlined by the various countries and organizations

## 5 MEETING END

Meeting Schedule End: 08:00 am

Meeting Actual End: 08:05 am

## 6 POST MEETING ACTION ITEMS

| Action   | Assigned To | Deadline         |
|--|-------------|------------------|
| Review minutes and submit corrections to Judy VanRaalte (jvanraal@springfieldcollege.edu)        | Everyone    | October 31, 2012 |
| Submit organization website address  | Everyone    | October 31, 2012 |
| Submit accreditation/ licensure/ registration requirements to be shared with other organizations | Everyone    | October 31, 2012 |

## 7 NEXT MEETING

Next Meeting: [TO BE DETERMINED \(BEIJING 2013\)](#)