
SPORT PSYCHOLOGY COUNCIL
MEETING MINUTES
WWW.SPORTPSYCHOLOGYCOUNCIL.ORG

Meeting Date: 7 October, 2014

Meeting Location: Las Vegas, USA

Time: 6:30-7:30 am

Recorded By: Judy VanRaalte, Ph.D.

1 ATTENDANCE

Name	Organization
John Heil	American Psychological Association Division 47 (Exercise and Sport Psychology)
Liwei Zhang	Asian South Pacific Association of Sport Psychology (ASPASP)
Robert Schinke Gualberto Cremades	Association for Applied Sport Psychology (AASP)
Kirsten Peterson	Australian Institute of Sport (AIS)
Stephanie Hanrahan Tracey Veivers	Australian Psychological Society-College of Sport and Exercise Psychologists (CoSEP)
Sandy Wolfson	British Psychological Society Division of Sport and Exercise Psychology (DSEP)
Liwei Zhang	China Society of Sport Psychology
Olivier Schmid	2015 FEPSAC Congress
Montse Ruiz	Finnish Psychological Association
Montse Ruiz	International Association of Applied Psychology - Div 12
Ale Quartiroli	International Relations Committee, AASP
Yoichi Kozuma	Japanese Society of Sport Psychology
Penny McCullagh	North American Society for Psychology of Sport and Physical Activity (NASPSPA)
Judy L. Van Raalte	Sport Psychology Council
Karen Cogan	United States Olympic Committee
Gloria Balague	Uruguayan Society of Sport Psychology (SUPDE)

2 MEETING LOCATION

Rio Hotel, Las Vegas, Nevada, USA, Palma E

3 MEETING START

Meeting Start: 6:30 am

Meeting Scribe: Penny McCullagh, Judy Van Raalte

4 AGENDA

1. Greeting –Judy VanRaalte- The Sport Psychology Council (SPC) was started in the 1990s by Michael Sachs who was interested in supporting collaboration among sport psychology organizations and leaders. In its current form, the SPC is a group of individuals who represent sport psychology organizations around the world. The SPC gathers at conferences and congresses to share sport psychology organizations' successes, trends, and difficulties. Also, to discuss and implement strategies to help promote all organizations and the field of sport psychology. There is no membership fee for organizations to join the SPC and no bylaws or typical organizational structure. Rather, the SPC maintains its informal status and meets at conferences and congresses when hosted by the generosity of sport psychology organizations worldwide.
2. Introductions and brief reports on the state of associations. **The following includes written reports submitted by sport psychology associations.**

a. **Africa Society of Sport and Exercise Psychology (ASSEP).**

Report submitted by: Bola Ikulayo

Africa Chapter of ISSP was established at the 2013 ISSP Congress in Beijing China. It is named Africa Society of Sport and Exercise Psychology (ASSEP). I was elected as the President. Presently we are working on the Statutes of the young organisation. Feedback is slow coming from members but I believe we will get there one day.

b. **American Psychological Association Division of Exercise and Sport Psychology (APA Division 47).**

Report submitted by: John Heil

APA Division 47 has approximately 1000 members and is working on several initiatives particularly those related to codification of exercise and sport psychology. Efforts are being made to partner with sport psychology organizations to showcase legitimate sport psychology credentials.

APA has designated sport psychology as a proficiency within psychology, noting that it is a multidisciplinary field spanning psychology, sport science and medicine. This proficiency recognizes specialization in sport psychology as typically a postgraduate specialization, following a doctoral degree in one of the primary areas of psychology. The proficiency encompasses training in psychological skills of athletes, in the well-being of athletes, in the systemic issues associated with sports organizations and in developmental and social aspects of sports participation.

Division 47 is currently undertaking the development of a detailed set of guidelines that can inform practitioners of best practices in sport psychology.

In the United States, each state has a clear and specific set of rules that are required for licensure as a psychologist; licensure governs the use of the title "psychologist" as well as the relevant legal parameters of practice in psychology, regardless of modifier (such as "sport").

c. **Asian South Pacific Association of Sport Psychology (ASPASP)**

Report submitted by: Yoichi Kozuma and Li-wei Zhang

ASPASP represents 75 countries with close to 65% of the world's population (with 22 affiliate member countries), and a membership of 4,000-5,000 members. The organization has begun an initiative to provide open educational resources in an online format with the goal to educate potential sport psychologists and explore the possibility of developing online accreditation. It is rebuilding its organizational website (<http://www.aspasp.org/>) and produced a free ebook titled "Secrets of Asian Sport Psychology."

The 2014 ASPASP Conference was held in Tokyo, Japan. The 2018 ASPASP Conference will be held in Incheon, Korea.

d. **Association for Applied Sport Psychology (AASP)**

Report submitted by: Robert Schinke, Gualberto Cremades, Ale Quateroli, and Dave Yukelson

AASP is working on a number of initiatives with regard to international collaboration including virtual conferences. AASP has supported the work of the Sport Psychology Council by providing funding and allowing for the independent management of the Sport Psychology Council website: SportPsychologyCouncil.org. Dave Yukelson represented AASP at the International Congress On Sports Psychology: ICSP-2014 Exercise and Sport Psychology in 21st Century: Research and Application Perspective <http://igipess1.du.ac.in:8080/web/icsp/index.html> in India with a keynote on Mental Skills Training, a workshop on Leadership, Team Synergy and Championship Team Building, and a panel discussion about fostering dialogue among sport psychology organizations, globalization of the field, and how we can help one another in the dissemination of scholarly research and the delivery of applied interventions.

e. **Australian Institute of Sport (AIS)**

Report submitted by: Kirsten Peterson

The AIS Performance Psychology team employs a staff of 6 performance psychology experts who facilitate delivery of sport psychology services. As part of their capability building efforts, in 2014, the AIS (in conjunction with CoSEP) hosted Australia's Winning Edge Conference with about 90 psychologists in attendance.

f. **Australian Psychological Society (APS), College of Sport and Exercise Psychologists (CoSEP)**

Report submitted by: Stephanie Hanrahan and Tracey Veivers

Training and credentialing of sport psychology practitioners is overseen by the Australian Psychological Society- CoSEP and the Australian Health Practitioner Regulation Agency. Training requirements currently include 1000 hours of supervised practice. Supervision via Skype has been approved, which should increase access to possible supervisors. The University of Queensland is the only training program for sport psychology practitioners remaining in Australia.

In 2014 AIS hosted a second annual conference in Melbourne with over 90 in attendance. CoSEP was a sponsor for the conference, underwriting attendance fees for CoSEP members.

g. **British Psychological Society (BPS) Division of Sport and Exercise Psychology**

Report submitted by Sandy Wolfson

The path to sport psychology training and practice is psychology based and has become well-established allowing for reciprocity among professionals from European nations. BPS holds an annual meeting every other year.

h. China Society of Sport Psychology

Report submitted by: Liwei Zhang

The China National Conference of Sport Psychology will be held in Nov. 14-16, 2014 in Shenzhen.

i. European Federation of Sport Psychology (FEPSAC) and 2015 FEPSAC Congress

Report submitted by: Paul Wylleman and Olivier Schmid

The next FEPSAC Congress will be held in 2015 in Bern, Switzerland from July 14 to 19. Abstract submission is now open and information about the FEPSAC 2015 Congress is available at: <http://www.fepsac2015.ch>.

j. Finnish Psychological Association

Report submitted by: Montse Ruiz

The Finnish Psychological Association is developing a credentialing process for sport psychology practitioners. There are two routes of certification: a) sport psychology (for licensed clinical psychologists), or b) performance enhancement and promotion of exercise activity (for those with a Master's degree in other behavioral sciences or sport sciences). Educational background and supervised work experience of applicants are reviewed by the Certification Review Committee. Certification criteria (only in Finnish at the moment) is available at

http://www.psyli.fi/tietoa_psykologeista/urheilopsykologian_sertifikaatit

k. Iberoamerican Society of Sport Psychology (SIPD)

Report submitted by: Joaquin Dosil

SIPD has approximately 735 associates, from premium to standard socios. The Congress of SIPD was held in Puerto Rico 23-25 October 2014. Fifteen Spanish/Portuguese countries were represented

SIPD Executive Committee:

- President: Joaquin Dosil PHD (Spain)
- General secretary: Enrique Garces PHD (Spain)
- Vice-presidents: Tomas Trujillo (mexico), Humberto Serrato (Columbia) and Antonio Hernandez (Spain)
- Treasurer: Paulo Sena (Portugal)

During 2013-14, SIPD facilitated 16 scientific activities including a sport psychology Master's Degree and diverse national sport psychology congresses.

l. International Association of Applied Psychology (IAAP) Division 12

Report submitted by: Montse Ruiz

The Sport Psychology Division (Division 12) of the International Association of Applied Psychology (IAAP) was established in 1994, at the 23rd International Congress of Applied Psychology (ICAP) in Madrid, Spain. The

initiative was taken by Glyn C. Roberts who served as first President. Current president is Joan Duda (UK) and president-elect is Elisabeth Rosnet (France). IAAP meets every four years, most recently in Paris, France in 2014. IAAP Division 12 has a website (in transition from its current server) and publishes a newsletter focused on sport psychology. Next meeting will be held in Montreal, June 23-30, 2018.

m. International Society Of Mental Training For Excellence (ISMTE)

Report submitted by: Jitendra Mohan

The World Congress on Excellence was held at Chandigarh, India October 19-23, 2015

n. International Society of Sport Psychology

Report submitted by: Gangyan Si

ISSP will hold the ISSP 50th Anniversary Event/Seminar on 19-20 April, 2015 in Rome, Italy. The motto of the event is "A Bridge from the Past to the Future" (<http://www.events-communication.net/issp2015>).

ISSP will hold the 14th ISSP World Congress July 2017 in Sevilla, Spain. isspwcsevilla2017@gmail.com

o. Japanese Society of Sport Psychology

Report submitted by: Yoichi Kozuma

The Japanese Society of Sport Psychology has 700 members and hosts an annual conference. JSSP has 122 Certified Mental Training Consultants in Sport. These consultants have a master's degree, are active members of JSSP for a minimum of 2 years, and have earned a minimum 15 points through publishing books and research papers, presenting at conferences, and participating at conferences. They must also accrue 30 hours of field internship. The license committee monitors points for Certified Mental Training Consultant in Sport. Advanced Level Certified Mental Training Consultants in Sport have at least 55 points and over 100 hours of working in the field. Licenses are renewed every 5 years. Certified Consultants have formed an organization within Japan. The organization is divided into 6 branches and they host meetings and forums.

p. Japanese Society of Sport and Mental Training and Applied Sport Psychology

Report submitted by: Yoichi Kozuma

This organization has over 1000 members, including athletes, students, and researchers. There are approximately 70-80 practicing consultants in the country, most work in university settings. Mental Training Specialists work with elite athletes and must have a Master's degree and a certified number of points and hours. There is a license system for 300, 500, 1000 and 2000 points. A license of 500 points needs a minimum of 4000 field hours and a license of 1000 points need a minimum of 6000 field hours field in addition to obtaining a Certified Mental Training Consultant in Sport from the Japanese Society of Sport Psychology.

q. **North American Society of the Psychology of Sport and Physical Activity (NASPSPA)**

Report submitted by: Penny McCullagh

NASPSPA has a primary mission to develop and advance the study of motor behavior and sport and exercise psychology. NASPSPA produces a newsletter and holds an annual scientific meeting. Membership is 277 professionals, 228 students, and 2 retirees (507 total members) representing 18 countries (most members from US and Canada). The 2015 conference will be the 50th anniversary of NASPSPA. Upcoming conference dates are:
NASPSPA 2015 – Portland, Oregon USA June 3 to 6
NASPSPA 2016 – Montreal, PQ Canada Jun15 to 18
NASPSPA 2017 – California – Dates TBD –
Abstracts are typically due mid –January
Wed site www.naspspa.org

r. **Sport Psychology Council (SPC)**

Report submitted by: Judy VanRaalte

The SPC has developed a website, **SportPsychologyCouncil.org** that allows for the posting of minutes from SPC meetings and provide links and information about sport psychology that will be available for all other sport psychology organizations. All organizations are welcome to provide a link to SportPsychologyCouncil.org. The website was reviewed by interested organizations and individuals before posting. Kwok Ng (sport psychology graduate student studying in Finland) is managing the related duties. There are also social media accounts (Facebook, Twitter, LinkedIn, and Youtube) that can be used for the sport psychology council. Funding for the website was provided by AASP.

s. **United States Olympic Committee (USOC)**

Report submitted by: Karen Cogan

The USOC has moved into a new facility and is preparing for the next Olympic Games. Staffing and support for sport psychology services appears to be solid. A psychophysiologicalist has been integrated into the sport psychology group to carry out biofeedback and other activities.

t. **Uruguayan Society of Sport Psychology (SUPDE)**

Report submitted by: Gloria Balague

2014 is the 25th anniversary of the creation of the Uruguayan Society of Sport Psychology (SUPDE), formed June 16th 1989.

Sport Psychology in Uruguay is in the process of becoming a specialty within the Psychology Department of the National University. Until now the SUPDE has been responsible for organizing a two year Post-Graduate training program to qualify psychologists as Sport Psychologists. They also organize

Conferences, training courses for coaches and referees, and provide services to athletes.

The current board is:

Jesús Chalela (President)

Flavia Vique (Vicepresident)

Guillermo Mariano (Secretary)

Graciela Pereira (Treasurer)

Sebastián Veloso (Vocal)

María Noel Givogre (Vocal)

Sebastián Cardozo (Vocal)

The Society's website is <http://www.supde.org/>

3. New Business

- a. SPC Logo – The SPC logo is being used effectively on the SPC website.
- b. Next Sport Psychology Council meeting planned for FEPSAC in Switzerland.
- c. Website:
 - a. Include an alphabetical list of nations that with links to their websites and indicate if accreditation/certification is available for that organization
 - b. Make multiple language versions of the website available.
 - c. Plan for new languages and organizations to be added to the website
 - d. Remind organizations that they can link to
SportPsychologyCouncil.org
- d. Photograph Sport Psychology Council meeting attendees at future meetings

5 MEETING END

8:00 am

POST MEETING ACTION ITEMS

Action	Assigned To	Deadline
Review minutes and submit corrections to Judy VanRaalte (jvanraal@springfieldcollege.edu)	Everyone	October 30, 2014
Submit information about credentialing for your organization to share worldwide	Everyone who has sport psychology credentialing information to share	October 30, 2014
Support website linking to SportPsychologyCouncil.org	Everyone	October 30, 2014
Suggest location of next meetings	Everyone	October 30, 2014

6 NEXT MEETING

At FEPSAC in Bern, Switzerland in 2015. Details to be determined.