
**SPORT PSYCHOLOGY COUNCIL
MEETING MINUTES
WWW.SPORTPSYCHOLOGYCOUNCIL.ORG**

Meeting Date: 16 July, 2015

Meeting Location: Bern, Switzerland

Time: 12:30-1:30 pm

Recorded By: Judy VanRaalte, Ph.D.



1 ATTENDANCE

Name	Organization
Jamie Shapiro	American Psychological Association Division 47 (Exercise and Sport Psychology)
Frank J. H. Lu Garry Kuan	Asian South Pacific Association of Sport Psychology (ASPASP)
Gualberto Cremades	Association for Applied Sport Psychology (AASP)
Knud Ryom	Danish Forum of Sport Psychology (DIFO)
Joan Duda	European College of Sport Science
Peter Schneider Fredrik Weibull	European Network of Young Specialists in Sport Psychology (ENYSSP)
Montse Ruiz	Finnish Psychological Association
Montse Ruiz	Finnish Sport Psychology Association (Suomen Urheilupsykologinen yhdistys; SUPY)
Joan Duda	International Association of Applied Psychology - Div 12
Judy L. Van Raalte	Sport Psychology Council
Ulrika Tranaeus	Swedish sport Psychology
Stilani "Ani" Chroni	Women Sport International

2 MEETING LOCATION

University of Bern, Institute of Sport Science, Bern, Switzerland, room B 007

3 MEETING START

Meeting Start: 12:30 pm

Meeting Scribe: Judy L. Van Raalte

4 AGENDA

1. Greeting –Judy VanRaalte- The Sport Psychology Council (SPC) was started in the 1990s by Michael Sachs who was interested in supporting collaboration among sport psychology organizations and leaders. In its current form, the SPC is a group of individuals who represent sport psychology organizations around the world. The SPC gathers at conferences and congresses to share sport psychology organizations' successes, trends, and difficulties. Also, to discuss and implement strategies to help promote all organizations and the field of sport psychology. There is no membership fee for organizations to join the SPC and no bylaws or typical organizational structure. Rather, the SPC maintains its informal status and meets at conferences and congresses when hosted by the generosity of sport psychology organizations worldwide.
2. Group photograph
3. Introductions and attendance
4. Brief reports on the state of associations. The following includes written reports submitted by sport psychology associations.

a. **American Psychological Association Division of Exercise and Sport Psychology (APA Division 47).**

Report submitted by: Jamie Shapiro

APA Division 47 has approximately 1000 members and is working on several initiatives.

APA has designated sport psychology as a proficiency within psychology, noting that it is a multidisciplinary field spanning psychology, sport science and medicine. This proficiency recognizes specialization in sport psychology as typically a postgraduate specialization, following a doctoral degree in one of the primary areas of psychology. The proficiency encompasses training in psychological skills of athletes, in the well-being of athletes, in the systemic issues associated with sports organizations and in developmental and social aspects of sports participation. Division 47 is currently undertaking the development of a detailed set of practice guidelines in sport psychology that will supplement the proficiency materials.

The division is also working toward a name change to: the Society for Sport, Exercise & Performance Psychology.

b. **Asian South Pacific Association of Sport Psychology (ASPASP)**

Report submitted by: Frank Lu and Garry Kuan

Formed in 1989, to facilitate development of sport psychology throughout the Asian South Pacific region. ASPASP represents 75 countries with close to 65% of the world's population, has 22 affiliate member countries (Australia, China, Fiji, Hong Kong, India, Indonesia, Iran, Iraq, Israel, Japan, Korea, Macau, Malaysia, New Zealand, Philippines, Qatar, Saudi Arabia, Singapore, Sri Lanka, Taiwan, Thailand, and Vietnam), and a membership of 4,000-5,000 members. The organization has begun an initiative to provide open educational resources in an online format with the goal to educate potential sport psychologists and explore the possibility of developing online accreditation. Its organizational website (<http://www.aspasp.org/>).

The ASPASP has created the text, "Secrets of Asian Sport Psychology" which is available for **FREE download** at <http://peterterry.wix.com/books>

The Asian-South Pacific Association of Sport Psychology (ASPASP) will publish an annual JPASPEX-ASPASP Special Edition beginning November 2015. The theme of this year's special issue is "creative applications of sport and exercise psychology theories and principles." ASPASP welcomes submission of manuscripts to JPASPEX before 10th September 2015. Visit <http://www.jpaspex.com> for instructions to submit the manuscript. Dr. Garry Kuan, Universiti Sains Malaysia, Malaysia is managing editor for this edition.

The 8th international congress of ASPASP will be held in Korea in 2018.

The 1st Malaysian Sports Psychology Conference will be held September 6-7, 2015 in Kota Bharu, Kelantan, Malaysia. Information is available on facebook.

c. **Asociación de Psicología del Deporte Argentina (APDA)**

Report submitted by: Carlos Giesenow

As of July 2014 we have a new Board, with Alejandra Florean as President for a four year term. We have revamped our webpage: www.psicodeportes.com, we invite everybody to check it out.

APDA is organizing a new Conference in Buenos Aires, on September 25 and 26th, 2015: jornadasapda2015.wordpress.com/

Apart from this, APDA continues its usual activities like offering different courses and opportunities for the development of sport psychology in Argentina.

d. **Association for Applied Sport Psychology (AASP)**

Report submitted by: Gualberto Cremades

The new logo for the organization has been approved.



A new strategic plan is being developed and will be presented at the next annual meeting in Indianapolis, IN in the USA.

AASP is conducting a Job Task Analysis to ascertain what it is applied sport psychologists do in their jobs with the intention of using this information to develop competencies to facilitate training and evaluation of applied sport psychology practitioners.

A new international tab is to be included on the AASP website with videos and in multiple languages and link to SPC website.

e. **Australian Institute of Sport (AIS)**

Report submitted by: Kirsten Peterson

The AIS Performance Psychology team in conjunction with the New South Wales Institute of Sport (NSWIS) and the College of Sport and Exercise Psychologists (CoSEP) is hosting: Sport Psychology for Australia's Winning Edge Conference, 6-7 September, 2015 in Sydney, Australia. For more information please email spnetwork@ausport.gov.au.

The conference will focus on resilience and readiness in the lead up to the Rio 2016 Olympic and Paralympic Games. Speakers include:

Jonathan Males – coach and consultant to a wide range of companies in the UK, the US and Australia since 1993. He represented Australia at four World Canoeing Championships, and coached medal winners on the Australian and British teams across the last six Olympic Games including London 2012.

Scott Brennan - Australian Olympic gold-medal winning and national championship rower, representing Australia at three consecutive Olympic Games in 2004, 2008 and 2012.

Georgia Ridler – Director of Sport Psychology Queensland, Swimming Australia lead sport psychologist and former sport psychologist for Cycling Australia.

Pre-conference event:

At this year's conference AIS Performance Psychology will be running our new Mental Health in Sport (MHS) program. MHS is designed to provide frontline staff with mental health education relevant to high performance sport. This is an opportunity to see what is being rolled out across the network and to refresh your expertise in this area. This free pre-event will begin at 1.00pm on Sunday 6 September at the Novotel Sydney Olympic Park. Places will be limited, with priority to conference participants.

Post-conference event:

Stay on to attend “Mindfulness and Acceptance in Sport Master Class” hosted by the NSW-CoSEP on Tuesday 8 September 2015.

f. Danish Society of Sport and Exercise Psychology

Report submitted by: Knud Ryom

The Danish Forum of Sport Psychology (DIFO) was founded in 1992 and currently has over 200 members who present research, practice, and publish in Danish.

DIFO is represented in all Danish Universities.

Currently, DIFO is working to develop a framework for supervision and sport psychology supervisors and connections with Danish organizations for elite athletes.

g. European College of Sport Science

Report submitted by: Joan Duda

The organization has 2,000-3,000 attendees with a multi-disciplinary and interdisciplinary organization. Dr. Duda is president-elect and encourages social science practitioners as well as sport and exercise psychologists to attend and present. It is valuable for the sport psychology community to be represented and attend.

h. **European Network of Young Specialists in Sport Psychology (ENYSSP)**
Report submitted by Peter Schneider and Fredrik Weibull

The European Network of Young Specialists in Sport Psychology (ENYSSP) is an international organisation concerned with the promotion and dissemination of knowledge in the field of sport and exercise psychology in the areas of research, education and applied work. ENYSSP was founded 12 years ago by former students from the European Masters in Sport & Exercise Psychology. We have currently about 125 members and has newly added country coordinators within the organisation. Our 2015 workshop will take place 30-31 of October in Girona, Spain. We have 26 country coordinators for 20 European countries and for the other continents. We have different online activities related to research, education and applied work. Since 2013 we carry out online peer consultation meetings in which ENYSSP members from all over the world can join to discuss cases. We send updates to our members by newsletter, the monthly flash news and through social media. On July 15th we had a General Assembly during which the new MC for 2015-2019 was elected.

Work is underway to update the website of ENYSSP to connect new professionals in sport psychology with each other.

i. **Finnish Psychological Association**

Report submitted by: Montse Ruiz

The certification process for sport and exercise psychology consultants started in 2013. Currently there are 27 consultants certified by the Finnish Psychological Association. Seventeen proceed from the sport psychology route (for licensed clinical psychologists), while ten proceed from the performance enhancement and promotion of exercise activity (for those with a Master's degree in other behavioral sciences or sport sciences). Criteria for certification include: a) suitable education in psychology, or sport psychology, b) supervised work experience, and c) additional studies in the fields of psychology, sport and exercise psychology, and sport sciences. All members of the certification board possess a PhD in psychology.

Such certification is required by the State when hiring individuals to occupy consultant positions at sport academies or working with teams at major competitive events (i.e., Olympic Games).

The European Federation of Psychologists Associations (EFPA) Task-Force Sport Psychology has proposed to initiate a pilot phase for a first implementation of the EuroPsy Specialist Certificate in Sport Psychology in Finland as well as three other countries.

j. Finnish Sport Psychology Association (Suomen Urheilupsykologinen yhdistys; SUPY)

Report submitted by: Montse Ruiz

The Finnish Sport Psychology Association (SUPY) focuses mainly on: (a) disseminating sport psychology related information through its website and seminars, (b) handling sport and exercise psychology issues in the media, (c) sharing information about experts to federations and sport organizations. Currently, SUPY has about 150 members.

SUPY is currently renovating its website. In line with SUPY's goal of internationalization, the website will also be available in English.

SUPY is involved with the Finnish Psychological Association and the Finnish Olympic Committee in the creation of a certified consultant search service.

k. International Association of Applied Psychology (IAAP) Division 12

Report submitted by: Joan Duda

The Sport Psychology Division (Division 12) of the International Association of Applied Psychology (IAAP) was established in 1994, at the 23rd International Congress of Applied Psychology (ICAP) in Madrid, Spain. The initiative was taken by Glyn C. Roberts who served as first President. Current president is Joan Duda (UK) and president-elect is Elisabeth Rosnet (France). IAAP meets every four years, most recently in Paris, France in 2014. IAAP Division 12 has a website (in transition from its current server) and publishes a newsletter focused on sport psychology. Next meeting will be held in Montreal, June 23-30, 2018.

The organization is focused on larger world issues including the health and the wellness of women and children. It is important for sport psychology to be connected with and represented in these larger organizations.

l. International Society Of Mental Training For Excellence (ISMTE)

Report submitted by: Jitendra Mohan

The 3rd World Congress on Excellence will be held at Chandigarh, India October 19-23, 2015 in conjunction with:
7th International Congress on Mental Training and Excellence
3rd International Conference on Developmental Coaching
3rd International Conference on Developmental Hypnosis
1st International Conference on Eastern Philosophy and Methods in relation to the concept of Excellence
1st International Conference of Asia Pacific Association of Psychology

Invited speakers include: Professor Terry Orlick, Predrag K. Nikic, Michel Gagne, Ben Furman, Eberhard Hauser, Bernd Schmid, Richard Gordin, Gangyan Si, Nicole Ruysschaert M.D., Bernhard Trenkle, Lars-Eric Unestahl, K. R. Rao, W. Selwamurthy, Jitendra Mohan, C. R. Mukandan

m. **International Society of Sport Psychology**

Report submitted by: Gangyan Si

ISSP will hold the 14th ISSP World Congress July 2017 in Sevilla, Spain. The congress theme is: "Integrating Science and Practice through Multicultural Bridges."

n. **Sport Psychology Council (SPC)**

Report submitted by: Judy VanRaalte

The SPC has continued to update the organization's website, **SportPsychologyCouncil.org** that allows for the posting of minutes from SPC meetings and provide links and information about sport psychology that will be available for all other sport psychology organizations. All organizations are welcome to provide a link to SportPsychologyCouncil.org. Help with translation of key website terms into more languages would be much appreciated. Funding for the website was provided by AASP.

o. **Women Sport International**

Report submitted by: Stilani "Ani" Chroni

The 2015 WSI Executive Board meeting took place in Paris in connection with the International Sport Sociology conference, on June 13. In addition, the board has been holding online meetings.

The 6th IWG international world conference on women and sport in Helsinki from 12-15 of June 2014, was attended by many WSI members. Kari Fasting chaired the group who presented the progress report from 1994-2014. WSI also had their own session/symposium with "WSI on Change and Inclusion for Girls and Women in Sport". The speakers were:

- Carole Oglesby, USA: WSI and UN Special Consultative status: Post 2015 Development Goals dialogues
- Chris Shelton, USA: WSI and the update on the status and career pathways of elite women coaches
- Stiliani "Ani" Chroni, Norway: WSI and the 2012 EU Sexualized Violence in Sport project
- Nada Knorre, Czech Republic: WSI on promoting gender equity and sporting opportunities for Czech women
- Becky Clark, USA: WSI on empowering deaf and hard of hearing women to play sports

Kari Fasting attended the 2014 annual IWG meeting in Finland after the 2014 IWG conference in Helsinki and April 2015 board meeting in San Diego, US.

Members to the Executive Board of WSI elected November 2014:

Past President Kari Fasting - Norway

President Ani Chroni – Greece/Norway

Vice President Nada Knorre – Czech Republic

Treasurer Chris Shelton - USA

Secretary Toni Bruce - New Zealand

Members to the advisory board:

Dr. Johanna Adriaanse UTS Business School – Australia

Dr. Becky Clark International Deaf and Disability Sports, Performance Consultant - USA

Ms. Nefeli Chondroyanni Abu Dhabi Ladies Academy – Abu Dhabi

Dr. Jinxia Dong Peking University – China

Dr. Gretchen Kerr University of Toronto – Canada

Dr. Kyoko Raita Chukyo University – Japan

Dr. Katia Rubio University of São Paulo – Brazil

The new board has appointed Ani Chroni as WSI representative to ICSSPE, and Kari Fasting as representative to IWG.

WSI participated in the expert meeting organized by UNESCO for the revision of the 1978 International Charter for PE and Sport and submitted edits to the 2014 draft report. Ani Chroni, traveled to Colombia in September 2014 to attend the meeting.

The Deaf and Hard of Hearing Task Force has been very active during the last 2 years, participating in conferences, seminars, the ICSD Brighton Declaration Endorsement as well as the Deaf Olympics 2015 in Russia.

The collaboration with ACSM has continued. As a result of that ACSM participated also in 2015 in the symposium that WSI organized in collaboration with IWG, WSF (USA) and ASCM at the UN CSW 59 Session in New York in the beginning of March 2015. The title of the symposium was: "Why harnessing the power of physical activity and sport to accelerate girls' and women's health and empowerment matters!" The symposium was well attended. Carole Oglesby chaired the session and Ani Chroni's presented "WomenSport International : A consistent voice for equality for women in sport in policy initiatives from the Beijing PFA to the present"

Ohio University and the Sport Leadership project work has continued. Carole Oglesby and Ani Chroni continued working with the Ohio University /WSI Project, and material will be uploaded on the WSI new website. We now have 3 years of 'modules' for on-line coaching.

Carole Oglesby continues to handle the WSI Facebook public group page, which as of May 30, 2015 has 1,101 members.

WSI endorsed the 'Safe Sport International Declaration and Principles – A platform for action' which aims to provide safe sport for past, present and future athletes, from all ages, abilities, social backgrounds and identities.

WSI supported the female soccer players in the lawsuit against FIFA and the Canadian Soccer Association.

5. New Business

- a. Remind organizations that they can link to **SportPsychologyCouncil.org**
 - i. Update on multiple language versions of the website
 - ii. Plan for new languages and organizations to be added to the website
 - iii. Correct any errors or failed links
- b. Determine the feasibility of using the website to provide licensure/certification/accreditation information (include content on SPC website and/or identify organizations and link to their websites)
- c. Next Sport Psychology Council meeting planned for AASP in USA. October 17, 2015 (7:00-8:00 am, JW Marriott room 203).
- d. other issues

5 MEETING END

1:30 pm

POST MEETING ACTION ITEMS

Action	Assigned To	Deadline
Review minutes and submit corrections to Judy VanRaalte (jvanraal@SportPsychologyCouncil.org)	Everyone	August 30, 2015
Submit information about credentialing for your organization to share worldwide	Everyone who has sport psychology credentialing information to share	August 30, 2015
Support website linking to SportPsychologyCouncil.org	Everyone	August 30, 2015
Suggest location of next meetings	Everyone	August 30, 2015

6 NEXT MEETING

During AASP, JW Marriott, Indiana, IN USA, October 17, 2015 (Saturday 7:00-8:00 am, Room 203).

Additional future meeting details to be determined.