

# SPORT PSYCHOLOGY COUNCIL MEETING MINUTES [WWW.SPORTPSYCHOLOGYCOUNCIL.ORG](http://WWW.SPORTPSYCHOLOGYCOUNCIL.ORG)

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December 2024

Recorded by: Erika Van Dyke, Ph.D. & Judy L. Van Raalte, Ph.D.



# 1 REPORTS

In person meeting: Friday July 18, 2024, at 12:15-13:00 (GMT + 2) local Innsbruck time  
Hall New Orleans, Congress Innsbruck, Rennweg 3, 6020 Innsbruck, Austria and via zoom

Name	Organization
Julie Vieselmeier	American Psychological Association Society for Sport, Exercise & Performance Psychology (APA Division 47)
Gary Kuan	Asian and South Pacific Association of Sport Psychology (ASPASP)
Luidmila Rogaleva	Association of Sport Psychologists Russia (ASP Russia)
Kent Lindeman	Association for Applied Sport Psychology (AASP)
Ian Wilson	British Association of Sport and Exercise Sciences (BASES)
David Hancock	Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)
Marcia Edwards	Collegiate Clinical/Counseling Sport Psychology Association (CCSPA)
Anne-Marie Elbe	European College of Sport Sciences (ECCS)
Rita De Oliveira	European Federation of Sport Psychology (FEPSAC)
Anja Kröger	German Association of Sport Psychology (ASP)
Montse Ruiz	International Association of Applied Psychology (IAAP) Division 12 Sport Psychology
Robert Schinke	International Society of Sport Psychology (ISSP)
Yasuhisa Tachiya	Japanese Society of Sport Psychology (JSSP)
Penny McCullagh, Anne Cox	North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
Ingar Mehus	Norwegian Sport Psychology Association (NOFIP)
Brian Miles, A.J. LaLonde	Professional Baseball Mental Performance Society (PBMHS)
Chiao-Lin Nien, Yu-Kai Chang, Feng-Tzu Chen	Society for Sport and Exercise Psychology of Taiwan (SSEPT)
Kwok Ng Judy L. Van Raalte	Sport Psychology Council (SPC)
Joakim Karlsson, Emil Andersson	Swedish Sport Psychology Association
Hande Turkeri-Bozkurtz	Turkish Psychology Association Sport and Exercise Psychology Unit (SEP)
Ani Chroni	Women Sport International

# 2 MINUTES SCRIBES

Erika Van Dyke and Judy L. Van Raalte

### 3 AGENDA

#### 1. Brief reports on the state of associations

##### a. American Psychological Association Society for Sport, Exercise, & Performance Psychology (SSEP, APA Division 47).

Report submitted by: Julie Vieselmeyer

The Society for Sport, Exercise, & Performance Psychology (SSEPP) adopted new mission, vision, and values statements in August 2024 and are as follows:

**Mission:** To foster the advancement, communication, and application of science and knowledge in sport, exercise, and performance psychology to:

- promote human rights, equity, and inclusion
- enhance performance and quality experience
- benefit society and improve lives.

**Vision:** To grow a strong and diverse field of sport, exercise, and performance psychology that fosters connection, empowers people to pursue their goals, and inspires positive change.

#### 4 Values

##### **Build on a foundation of science**

Ensure standards of excellence in the practice, education, policies, programs, and services of sport, exercise, and performance psychology, informed by science, interdisciplinary collaboration and innovative progress in the field.

##### **Advocate for sport, exercise, and performance psychology and allied professionals**

Demonstrate an unwavering commitment to promoting sport, exercise, and performance psychology while supporting and unifying those who make it their profession.

##### **Respect and promote human rights, equity, diversity, and inclusion**

Focus on human rights, equity, and dignity for all those within sport, exercise, and performance psychology's reach.

Further the understanding and appreciation of differences, promote representation and inclusivity in all we do, and strive to foster a sense of belonging in the membership.

##### **Engage with and deliver value to members**

Provide resources, opportunities, and networks that help all members at every stage of their careers in sport, exercise, and performance psychology.

There are approximately 900 members of SSEPP, including student and professional affiliates who are not members of the larger American Psychological Association (APA).

The executive committee (EC)'s midwinter meeting took place virtually January 25-26, 2024, and held pre-Convention meetings in-person (with

some members joining virtually) at the APA Convention in Seattle, Washington on August 6-7, 2024.

Section 1 of SSEPP, Running Psychologists, hosted Ray's Race, as part of the APA 2024 Convention. This race included over 150 registrants and was hosted along Seattle's Lake Union trail. Section 1 has continued recent initiatives including efforts to improve inclusivity in race awards and to develop a plan for virtual racers to participate who are unable to attend the annual convention and to cultivate a sense of community.

Section II of SSEPP, Performance Psychology, welcomed the following appointments within its Executive Committee: President-Elect, Secretary/Treasurer, Chair of Military Performance Psychology, and Chair of Music Performance Psychology. A new membership form was shared at Convention and online to update and improve the membership database. Section II is in the process of drafting by-law amendments to reflect the new Chair positions, to review terms, and to ensure EDI relevance. Quarterly online Member Chats have been proposed to raise membership community connection and support. The programming initiative of audio interviews has begun, with a plan for links to be shared on the Section II website. The Section's Hays-Shepphird Tele-Consultation Groups programming continues. Promotion efforts for Performance Psychology and Section II include contacting sport psychology graduate school department chairs and posting information on LinkedIn. Section II activity also included community-building during the Division 47 Social at Convention. The Section honored Sari Shepphird, Ph.D., with the Kate F. Hays Memorial Award at Convention.

The major activities of SSEPP over the past year included:

1. Bylaws Revisions. Members voted to approve 6 changes to the Bylaws. Additionally, the Executive Committee has done a thorough overhaul and update of our Policies and Procedures Manual.
2. Ongoing promotion of Equity, Diversity, and Inclusion (EDI) Initiatives. 2024-2025 will be the second year of EDI Co-Coordinator appointed to the Executive Committee. This will be an elected role in the future and on the ballot in Spring 2025. The Diversity Collective and subsequent Committee was established in August 2024.
3. Hosted two collaborative events with AASP including *AASP & APA Presidential Trios: "State of the Field"* and *EDIBJ in SEPP*.
4. Submitted a request for a one-year extension for sport psychology as a proficiency (APA sunsetted proficiencies in favor of Specialties/Sub-Specialties in 2022). Division 47 plans to submit a petition for sport psychology to become a recognized Specialty.
5. Established an exploratory committee to identify all the necessary requirements and steps to become a Specialty. The exploratory committee

made several recommendations to the Executive Committee who will be pursuing these next steps.

6. Submitted a first draft of the Professional Practice Guidelines (PPGs) for Sport Psychology to APA. Drs. Courtney Albinson and Shane Murphy, co-editors, continue to work with the writing group, the EC, and the editor to progress through the revision process.

7. APA Convention was held in Seattle, Washington. Programming included business meetings, invited talks, poster sessions, and award presentations.

8. The Division's journal Sport, Exercise, & Performance Psychology continues to thrive under the leadership of editor-in-chief, Mark R. Beauchamp, PhD. The journal became a digital only publication in 2024 for cost-savings impact on membership dues.

9. Student representatives' initiatives for the upcoming year:

- a. Increase student membership and membership of underrepresented groups
- b. Planning concrete and effective student-focused programs/projects
- c. Focus on student-specific programming

10. The new Executive Committee started their terms at the conclusion of the APA Convention in August and the incoming president noted the following initiatives:

- a. Support the completion of the Professional Practice Guidelines
- b. Promote the establishment of sport, exercise, and performance psychology as a specialty
- c. Increase operational efficiency and effectiveness as an Executive Committee and as a Division
- d. Prioritize recruitment and retention of Division members as well as Executive Committee members
- e. Collaborate with other professional organizations in sport, exercise, and performance psychology nationally and internationally
- f. Further educational efforts to bring sport, exercise, and performance psychology to consumers

## **b. Asian and South Pacific Association of Sport Psychology (ASPASP)**

Report submitted by: Gary Kuan

### **About ASPASP**

Established in Singapore in 1989, the Asian and South-Pacific Association of Sport Psychology (ASPASP) stands as the sole professional organization dedicated to sport and exercise psychology within the Asian and South-Pacific regions. Our mission is to advance and facilitate



the development of sport and exercise psychology across these regions, fostering a supportive network for professionals and enthusiasts alike.

Currently, ASPASP encompasses 25 member countries and organizes a general congress every four years, complemented by annual regional congresses, seminars, workshops, and mentor-mentee programs. These initiatives aim to enhance knowledge and expertise within the field. Additionally, ASPASP publishes significant scholarly contributions, including the *Asian Journal of Sport and Exercise Psychology* (Scopus Indexed), research papers, and textbooks, further solidifying our commitment to academic excellence.

Collaboration is at the heart of ASPASP's mission. We actively work with numerous international and domestic organizations invested in the progress of sport and exercise psychology. Ultimately, our organization plays a pivotal role in spearheading the discipline's development throughout Asian and South-Pacific countries.

For more information, visit our website: [www.aspasp.org](http://www.aspasp.org)

Connect with us on Facebook: [ASPASP Facebook](#)

Join our community for young sport psychologists: [AYSP Facebook](#)

#### **Activities for 2023/2024**

##### **1. 2023 Mentor-Mentee Program - Vietnam**

Date: December 15-16, 2023

Host: Ho Chi Minh University of Physical Education and Sport, Vietnam

Audience: Local coaches, teachers, graduate students, and researchers

Speakers: Youngho Kim, Naruepon Vongjaturapat, Yasuhisa Tachiya, and Garry Kuan

A total of 276 participants attended the workshop, which comprised of coaches, sport scientists, and athletes.





## 2. Memorandum of Understanding (MOU)

Between: ASPASP and Ho Chi Minh University of Physical Education and Sport, Vietnam

Date: June 7, 2024

Venue: Burapha University, Thailand

Attendees:

1. Youngho Kim (President, ASPASP)
2. Naruepon Vongjaturapat (Witness for ASPASP)
3. Chau Vinh Huy (President, UPES)
4. Nguyen Hoang Minh Tuan (Witness for UPES)





### 3. New Country Representatives

During the Management Committee meeting on August 29, 2024, three new country representatives were appointed:

1. Prof. Dr. Abedalbasit Mobarak Arsan Alshorman (Jordan)
2. Prof. Dr. Nasser Salem Saleh Al Ameri (United Arab Emirates)
3. Dr. Badriya Al-Hadabi (Sultanate of Oman)

### 4. ASPASP Sport Psychology Symposium 2024 @ NIE

A half-day symposium on sport psychology was successfully organized at the National Institute of Education, Nanyang Technological University, Singapore, on August 30, 2024. The event attracted 124 participants and featured presentations from eight distinguished speakers.



### 5. Mentor-Mentee Programme – Myanmar

The ASPASP Mentor-Mentee Program in Myanmar was held November 29-30, 2024, in Yangon, Myanmar. Hosted by the Myanmar Football Federation, this workshop featured four prominent speakers at the Inya Lake Hotel.

### 6. International Seminar on Sport and Exercise Psychology (ISSEP 2025)

**Date:** January 19-22, 2025

**Venue:** Universiti Sains Malaysia, Health Campus, Kota Bharu, Kelantan, Malaysia

We invite keynote speakers, invited speakers, oral presenters, and poster presenters to join us. For more details, visit: <https://issep2025.garrykuan.com>

## 7. 2025 ASPASP Management Committee Meeting

The 2025 Management Committee meeting has been confirmed at the World Congress of Kinesiology and Sport Science 2025.

**Date:** October 25-27, 2025

**Venue:** JeJu International Convention Center, South Korea

**Co-Hosts:** ASPASP, ASK, and the Asian Nutrition Society for Sports and Health (ANSSH)

**2026 ASPASP**

**FIRST ANNOUNCEMENT**

**10<sup>th</sup> ASPASP INTERNATIONAL CONGRESS**

At Grand Fourwings Convention Hotel  
Bangkok, THAILAND

3-6 of June 2026

**ASIAN SOUTH PACIFIC ASSOCIATION OF SPORT PSYCHOLOGY (ASPASP) INTERNATIONAL CONGRESS OF SPORT PSYCHOLOGY**



### Theme:

**Sport Psychology: Social VS Neuro Psychology Perspectives for the year to come**

- Exercise and Sport Psychology
- Health Psychology
- Motor Learning and Control
- Cognitive and Neuroscience on Exercise and Sport
- Good Health and Wellbeing



### Hosted by ASPASP

**Local host:** Thailand Applied Sport Psychology Association: TASPA



### Supported by



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<https://www.facebook.com/TASPATHAILAND/>



### **c. Association of Sport Psychologists Russia (ASP Russia)**

Report submitted by: Liudmila Rogaleva

Graduate sport psychology students in Russia work with faculty and international students on topics related to physical activity, emotional intelligence, and motivation. They also do applied sport psychology work with young athletes.

### **d. Association for Applied Sport Psychology (AASP)**

Report submitted by: Kent Lindeman

#### **Certified Mental Performance Consultant® (CMPC®)**

AASP's primary organizational focus remains our Certified Mental Performance Consultant (CMPC) program. The number of active CMPCs increased by over 300 in the past 12 months – from 925 to 1,225 – a 32% increase. We have finished the migration of MPCs from the Canadian Sport Psychology Association (CSPA) into the CMPC program, which is jointly administered by AASP and CSPA. AASP remains fully accredited by the Institute for Credentialing Excellence (ICE) as a National Commission of Certifying Agencies (NCCA) accredited certification program.

#### **CMPC Marketing Outreach**

AASP has been working with an external consultant to develop a marketing strategy for the CMPC credential and also better communicate with external stakeholders who we believe would benefit from knowing more about CMPC. A special landing page will be launched on the AASP website in November 2024 and highlight who CMPCs are and what CMPCs do that set them apart from other professionals. It will include several success stories of CMPCs in various roles (e.g., teaching, consulting, innovating) across several performance domains (e.g., sport, military, performing arts) in a multi-media format.

#### **Graduate Program Accreditation Standards**

AASP's published the long-awaited Graduate Program Accreditation Standards in September 2024 and will begin to accept new applications in January 2025. Establishing an accreditation process for graduate programs in sport and performance psychology is a seminal goal of AASP's current Strategic Plan and will complement our push to provide resources to assist graduate programs in improving design, training, and delivery of their curriculums. Accreditation standards have been organized within the following 8 core areas:

- Institutional and Program Context, Program Mission and Goals
- Professional Values

- Program Resources
- Learning Outcomes, Competencies, Knowledge, & Curriculum
- Students
- Faculty
- Evaluation and Outcomes
- Communication Practices

It is important to emphasize that standards related to curriculum were developed to align with the current requirements for CMPC® certification.

### Education

AASP's 2024 Annual Conference in Las Vegas (October 23-26) drew nearly 1,500 attendees – our largest conference ever! Our 2025 conference will be held October 15-18 in Montreal – a joint meeting with the Canadian Sport Psychology Association (CSPA) – and 2026 in Minneapolis.

### Ethics Code

AASP's Ethics Committee completed a revision of the Ethics Code (last done in 2011) to better identify and address unethical member behaviors, apply greater emphasis on issues related to diversity and inclusion, and update the code to reflect significant changes in use of technology.

New standards included in the code are Assessment; Use of Titles, Description of Services, and Business Names; and Teaching and Mentorship.

### Strategic Partnerships

AASP was represented on the NCAA Mental Health Advisory Group responsible for updating the NCAA's Inter-Association Consensus Document: Understanding and Supporting Student-Athlete Mental Wellness – Mental Health Best Practices document. AASP will be participating in the Inter-Association Task Force on Recommendations for Developing a Plan to Recognize and Refer Student-Athletes with Psychologic Concerns at the Collegiate Level.

### e. British Association of Sport and Exercise Sciences (BASES)

Report submitted by: Ian Wilson

In the summer of 2024, BASES was granted the Charter of Incorporation by His Majesty King Charles III. The Great Seal was then affixed on 30 August 2024. As part of the process of reincorporation, as approved by the membership at the 2023 AGM, the Board agreed that the name of the organisation will change to The Chartered Association of Sport and Exercise Sciences (CASES) to reflect the new status of the organisation. BASES will reincorporate as CASES, the Chartered Association of Sport and Exercise Sciences on 1 April 2025.



The British Association of  
Sport and Exercise Sciences

The [Division of Psychology](#) is one of five Divisions within BASES. One of the main pieces of business of the Division is the [BASES Sport and Exercise Psychology Accreditation Route](#) (SEPAR) programme, which continues to

thrive under the stewardship of Dr Robert Morris FBASES. SEPAR is a programme of professional development, skill acquisition and supervised practice to ensure that candidates acquire the knowledge, skills, and experience required to be eligible to apply for registration with the [Heath and Care Professions Council](#) (HCPC) as a Practitioner Psychologist.

This year, a further 20 candidates were confirmed by the SEPAR Advisory Group (SEPAR AG) as being SEPAR complete and eligible to apply to the [HCPC register](#). This brings to 49 the number of candidates who have 'graduated' through SEPAR since its launch in January 2020. 30 candidates enrolled on SEPAR in August 2023 and there was no application window in February 2024. In the recent autumn 2024 application window, there were 88 new candidates. To date there are 58 Reviewers (up from 51) and 81 Supervisors (up from 68) who are active on the [SEPAR Directory](#), a service that was developed for members. In June 2023, 57 Candidates registered for, and 41 then successfully completed, the Open University DE200 module (Investigating Psychology 2) to support the necessary entry requirements onto SEPAR regarding evidencing 'underpinning psychology knowledge'. SEPAR candidates all access a number of core workshops, including Safeguarding in Sport and Exercise Sciences; Professional Ethics for Sport and Exercise Scientists; Reflective Practice for Sport and Exercise Scientists; Counselling Skills; Practice Philosophy; Equity, Diversity, and Inclusivity in Sport and Exercise Psychology; and Case Study workshop.

SEPAR continues to go from strength to strength; over the past year, efforts have focused on enhancing supervisor and reviewer training, revisiting required workshops, and exploring BASES accreditation for SEPAR graduates to foster long-term engagement. The latest HCPC review submission last November reflects our dedication to maintaining high standards. The report of the HCPC Education and Training Committee confirmed that we have met regulatory standards, providing the HCPC with confidence that we are properly organised to deliver and manage education and training. The next performance review process will be in two years.. Feedback from both current candidates and alumni, as well as supervisors and reviewers, is always being sought to identify additional areas for enhancement, ensuring the programme remains relevant and responsive to the evolving needs of the profession. This continuous improvement approach not only aims to uphold the highest standards of training, but also to foster a strong, supportive community among Sport and Exercise Psychologists.

Back in January 2022, BASES launched the [BASES Postgraduate SEPAR Endorsement Scheme](#) (PSES), which was designed to allow registrants to evidence, expediently, the completion of an appropriate M-level qualification for entry onto the Sport and Exercise Psychology Accreditation Route (SEPAR), which covers the relevant knowledge-based HCPC Standards of Proficiencies. This Endorsement Scheme will support future Sport and Exercise Psychologists choose an MSc. programme that is BASES endorsed, and which will appropriately position them for application to SEPAR upon completion. The following 12 universities all have M-level Psychology courses that are endorsed by BASES: Brunel University, Liverpool John Moores University, Middlesex University, Setanta College, Sheffield Hallam University, Swansea University, St Mary's University Twickenham, University of Bolton, University of Chichester, University of Derby, University of East London, University of Portsmouth

Over the year, all five Division Days saw 548 delegates registered and 411 live attendees. For the [Psychology Day](#) on 22 May 2024, there were over 100 attendees and eight world class speakers from around the world. This was another successful event with a diverse range of speakers, for which the event received excellent feedback from delegates.

The BASES Annual Conference 2024 will be held at the CBS Arena, Coventry on 20 to 21 November 2024. The BASES Conference Planning Group has worked hard on the topics and programme, details of which can be found [here](#). To register for the annual conference, please click [here](#). [10 BASES Fellowships](#) were awarded in 2024 and those attending the Gala Dinner in November 2024 will receive their certificate and pin badge.

BASES offers a bespoke suite of mental health resources. These educational materials will support learners to develop essential knowledge on the critical issue of mental health in sport and exercise. Eight unique units, comprising of video lecture with resource booklet and guided reading lists, will cover the following topics: Mental health; Depressive disorders; Anxiety disorders; Post-traumatic stress disorder; Eating disorders; Addictive behaviours; Understanding stigma; Mental health literacy. To view the trailers for the eight units, please click [here](#). Registration is available [here](#) to purchase these units.

In November 2023, Dr Amy Whitehead took over as Division Chair from Dr Adam Gledhill FBASES, and the Division has subsequently appointed the following new members: Dr Patricia Jackman (as Deputy Chair and CPD lead); Dr Will Donald as Membership Mep; Molly Banks as Undergraduate Student Rep; and Manisha Aggarwal as Postgraduate Student Rep. The MoU with the [BPS](#) was renewed earlier in the year, and an MoU has recently been finalised with the International Society for Sport Psychology. Dr Amy Whitehead recently met with the Board of the European Federation of Sport Psychology (FEPSAC) and discussions are currently underway to develop shared CPD webinars. A number of webinars were delivered across the year, including a collaborative one with [AASP](#) in February.

#### **f. Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)**

Report submitted by: David Hancock

The objectives and purposes of this Society include the promotion of the advancement of psychomotor behaviour and sport and exercise psychology studies in Canada; to organize scientific meetings, the purpose of which is to provide a forum for exchange of views and scientific information related to psychomotor behaviour and sport and exercise psychology; and to offer advice to the public and members of other sport science disciplines, on matters pertaining to psychomotor behaviour and sport and exercise psychology.

#### **SCAPPS Updates (Nov 2023-Oct 2024)**

- (1) 2024 annual conference held in Winnipeg, Manitoba, Oct 17-19, 2024
- (2) Franklin Henry Young Scientist Awards presented Oct 17, 2024
  - a. Sara Kramers (sport psychology)
  - b. Jenson Price (exercise psychology)

- c. Joëlle Hajj (motor learning and control)
  - (3) New Executive Committee for upcoming year  
David Hancock (President); Erin Cressman (Past President), Scott Rathwell (Treasurer), Erica Bennett (Secretary Communications), Director SEP (Sebastian Harenberg), Director MLC (Tristan Loria), Director EDI (Leah Ferguson), Student Representative (Caroline Hummell)
  - (4) SCAPPS Fellow presented Oct 18, 2024
    - a. This is the highest award bestowed on SCAPPS members
    - b. Awarded to Dr. Kathleen Martin Ginis
- Brawley and Elliott Award for Excellence in Supervision and Mentorship presented Oct 18, 2024. Awarded to Luc Tremblay and Craig Hall
- (5) SCAPPS 2025 to be hosted in Charlottetown, Prince Edward Island Oct 2-4, 2025. <https://www.discovercharlottetown.com/>

### **g. Clinical/Counseling Sport Psychology Association (CCSPA)**

**Report submitted by: Marcia Edwards**

CCSPA is a group that advocates for licensed mental health clinicians providing services to collegiate, Olympic, and professional athletes by keeping interested agencies and administrators informed regarding best practices and standards of care. Our group seeks to be the voice for these providers, educating administrators, invested organizations, and others about the unique nature of this subspecialty of the field of psychology and best practices for provision of mental health and performance services. We also aim to provide continuing education to members in order to maintain a standard of excellence within our field. CCSPA also provides an avenue for networking and collaboration among members.

CCSPA has a three-fold mission: advocacy, education, and collaboration. To accomplish this mission, CCSPA offers members a platform for networking and consultation, resources, and educational opportunities such as webinars presented by experts within the field.

CCSPA offers four levels of membership for (1) dually trained mental health and performance service providers, (2) mental health providers, (3) pre-licensed providers, and (4) others interested in student-athlete mental health and well-being.

Below are a few exciting updates and announcements from CCSPA:

1. CCSPA launched a new webpage design in February 2024. The new website offers better functionality, a referral directory of our providers, interactive forums, and a job board.
2. CCSPA hosted its first CE continuing education webinar on June 6, 2024! CCSPA will continue offering quarterly webinars for members with the next live webinar scheduled for Wednesday October 30, 2024 at 11:30 AM CST. Webinar will be discussing how to advocate for higher salaries and wages in the field of sport psychology.
3. The DEIB committee is prepping a live, two-part webinar: Creating a Culture of Inclusivity and Belonging: Our Role as a LMHP Regarding Education Surrounding DEIB.
4. CCSPA is working on two distinct White Papers: (1) Obtaining, Training, and Retaining Diverse Licensed Mental Health Sport Psychology Clinicians

and (2) Ethical Collaboration with Multidisciplinary Treatment Teams. These papers will be available in the new year and will be the base of presentations and discussions at the annual CCSPA conference.

5. The annual CCSPA Conference will be held in Big Sky, MT on February 14-17, 2024. Conference registration is open now! All conference invitees must be a CCSPA member to attend the conference. The board & planning committee are planning for breakout groups within presentations and planning for networking opportunities across all practice settings.

**\*\*CCSPA is an APA continuing education provider\*\***

If you have questions, comments, or concerns regarding CCSPA, please contact CCSPA at: [CCSPAssoc@gmail.com](mailto:CCSPAssoc@gmail.com)

#### **h. European College of Sport Sciences (ECSS)**

Report submitted by: Anne-Marie Elbe

The ECSS Scientific Board, Scientific Committee and Reviewing Panel have strong sport psychology representation provided by Prof Anne-Marie Elbe, Pierre-Nicolas Lemyre, Maurizio Bertollo, Andy Lane, and Sally Fenton.

In 2025, the ECSS Congress will take place in Rimini, Italy (July 1-4, 2025). Abstracts submissions for oral and poster presentations can be submitted between 1 January through 14 February 2025. Additional information is available at: <https://www.sport-science.org/index.php/ecss-rimini-2025/welcome-to-rimini>

#### **i. European Federation of Sport Psychology (FEPSAC)**

Report submitted by: Rita De Oliveira

##### **1. FEPSAC General Assembly**

On July 16, 2024 the FEPSAC General Assembly took place in Innsbruck, with all group and individual members invited. The meeting honored the memories of Prof. Daniel Kahneman and Prof. Michael T. Turney, who had recently passed away. It also celebrated achievements in sport and exercise psychology with the Ema Geron Award, which recognizes exceptional national contributions to the field. Dieter Hackfort received the award, introduced by Georg Hafner from the Berufsverband Österreichischer PsychologInnen. Hana Válková also received the award, introduced by Anastasiya Khomutova from the Asociace Psychologů Sportu ČR. Additionally, the FEPSAC MC granted two honorary memberships, a lifelong recognition of significant contributions to FEPSAC and sport and exercise psychology in Europe. Natalia Stambulova and Anne-Marie Elbe were honored for their exceptional contributions, with tributes from Roland Seiler and Markus Raab, respectively.

FEPSAC currently has 27 group members representing 23 countries as well as 271 individual members. We celebrated five new FEPSAC SASP-certified colleagues: Patricia Jackman, Frank Muller, Ashleigh Vilks, Fang Ho Kiu, Christian Zepp.

At the GA it was announced that the venue for the 2026 FEPSAC Congress is Timișoara, in Romania. The Managing Council is very pleased that the FEPSAC congress will take place again in an Eastern European country after so many years and thank the Coaching and Sport Psychology Association (ACPS) in Romania, as well as local organisers Cristian Alexandru Boncu and Alina-Isabela Gherghisan!

## 2. FEPSAC Managing Council Meetings

The FEPSAC Managing Council met 4 times in 2024 as usual and was hosted for two of those meetings in Bratislava and in Innsbruck. The main topics on the agenda this year were the re-writing and approval of the new FEPSAC Statutes, the preparation of the FEPSAC congress in Innsbruck, collaboration with other organisations and with FEPSAC's group members, and the SASPS certification program which includes certification but also a series of webinars and meetings.



Managing Council meeting in Innsbruck in preparation of the 17<sup>th</sup> FEPSAC Congress Innsbruck 2024. L-R: standing are Zsanett Bondar (office), Rita de Oliveira (Secretary general), Alexis Ruffault (Applied team), Franzi Lautenbach (Research team), Alina Gherghisan (Applied team), Michala Bednarikova (Vice-president Applied and Education); sitting are Anastasiya Khomutova (Research team)), Christopher Wills (FEPSAC 2024 Congress President and host), Maurizio Bertollo (President), Athanasios Papaioannou (Treasurer), Yago Ramis (Vice-president Research and communication).

## 3. FEPSAC Erasmus+ Project

FEPSAC was awarded the Erasmus project entitled Dual Career for young Biathletes (BC4Biathletes) coordinated by the Instytut Sportu in Poland and with partners besides FEPSAC Univerza Ljubljani Slovenia, Die Internationale Biathlon Union Austria, and re:viserhub oy Finland. In the meanwhile the project “4me4all” on the inclusion of adolescents at risk under the tutorship of former elite athletes has now been completed successfully. The project “EUPAG-DS” European Physical Activity Guidelines to Tackle Depressive Symptoms goes into its final year.

Institutions willing to participate in the next Erasmus+ Call (due in March 2025) and wishing to partner with FEPSAC for Collaborative Partnerships, Small Collaborative Partnerships or Not-for-profit European sport events, please visit the website (<https://fepsac.com/research-grants/>) and contact FEPSAC on [office@fepsac.com](mailto:office@fepsac.com).

#### 4. FEPSAC Internship Grant

FEPSAC recognises that gaining experience in an internship abroad is an important step in the professional development of its members. Therefore, two personal grants of €500 are made available each year to candidates who meet the eligibility criteria and are selected by the FEPSAC internship committee. Individual members who wish to apply for an internship grant, should submit their application to [office@fepsac.com](mailto:office@fepsac.com). The deadlines for application are the 31<sup>st</sup> of December and the 31<sup>st</sup> of May of each year. More details are available on the FEPSAC [website](#).

#### 5. FEPSAC Congress Innsbruck 2024

The 17<sup>th</sup> FEPSAC Congress took place in Innsbruck, Austria on 15-19 July and it was our largest conference to date. The congress had keynotes from Dan Gould, Cecilie Thøgersen-Ntoumani, Stiliani Chroni, Duarte Araújo, Mia Stellberg, and Kristoffer Henriksen. The week was packed with discussions, presentations, posters, and plenty of networking. The Young Researcher Awards went to Valeria Eckardt (1<sup>st</sup> prize oral), Hanna L. Glandorf (2<sup>nd</sup> prize oral), Sem Otten (3<sup>rd</sup> prize oral), Radhika Butalia (1<sup>st</sup> prize poster), Joseph Varga (2<sup>nd</sup> prize poster), Charlotte Welch (3<sup>rd</sup> prize poster). The Young Practitioner Awards went to Ismael Pedraza-Ramirez (1<sup>st</sup> prize oral), Alexander McWilliam (1<sup>st</sup> prize poster), Simon Valverde (2<sup>nd</sup> prize poster). The Science Slam went to Franzi Lautenbach (1<sup>st</sup> prize) and Amit Abraham (2<sup>nd</sup> prize). The Applied Slam award went to Nadja Walter (1<sup>st</sup> prize), Heike Torggler (2<sup>nd</sup> prize) and Jini Song (3<sup>rd</sup> prize). Congratulations to all our young and brave presenters!



#### 4. Obituary

*Guido Schilling 17.3.1939 – 30.8.2024*

On 30 August 2024, Guido Schilling, past president and honorary member of FEPSAC, passed away. Guido was one of the master builders of FEPSAC and played a key role in the organization's development during the Cold War. FEPSAC published an obituary prepared by Roland Seiler, Past President of FEPSAC, which can be read in its website.

**j. German Association of Sport Psychology (Arbeitsgemeinschaft für Sportpsychologie: ASP)**

Report submitted by: Anja Kröger

The German Society of Sport Psychology (German: Arbeitsgemeinschaft für Sportpsychologie: ASP) was founded in 1969 in Muenster (Germany) and is devoted to the promotion of research, practice, and development in the discipline of sport and exercise psychology in Germany. The ASP maintains close relations with many national and international societies, including FEPSAC and ISSP.



The ASP consists of 600 individual members (November 2024), psychologists, sport scientists and sport psychologists. The board of directors, elected in May 2023 for 2 years, consists of the president (Prof. Dr. Oliver Stoll, University of Halle/Saale), a managing director and vice-president for financial

affairs (Prof. Dr. Ines Pfeffer, Medical School Hamburg) and five vice-presidents representing "health and exercise" (Prof. Dr. Jana Strahler, University of Freiburg and Prof. Dr. Mirko Wegner, University of Hamburg), "research and international affairs" (Prof. Dr. Chris Englert, University of Frankfurt), "school sport psychology and university-teaching" (Dr. Barbara Halberschmidt, University of Muenster) and "student research training and affairs" (Prof. Dr. Franzi Lautenbach, Humboldt University of Berlin). The head of the administrative office is Anja Kroeger. She and all presidents can be reached via e-mail: [office@asp-sportpsychologie.org](mailto:office@asp-sportpsychologie.org).

This mission of the asp is realized through an annual conference, method trainings for scientists and workshops and training programs in the field of elite sport. The so called "asp-curriculum", a one-year postgraduate training program, is offered by the cooperation partner "Center of Mental Excellence" run by Dr. Chris Willis in Innsbruck/ Austria, Munich/ Germany or Cologne/ Germany ([www.ausbildungsportpsychologie.at](http://www.ausbildungsportpsychologie.at)).

The asp-curriculum in elite sport psychology serves as the entry qualification for elite sport psychology support in Germany. There are currently more than 150 individuals with the necessary qualifications to work with the German national and the Olympic teams. They can be found in a database called "Expert\*innendatenbank für Training und Coaching im Deutschen Leistungssport" (EDL) and can be found online under [www.edl.asp-sportpsychologie.de](http://www.edl.asp-sportpsychologie.de).

A list of German research health experts can be found at [www.dbg.asp-sportpsychologie.de](http://www.dbg.asp-sportpsychologie.de)

The official journal of the society is the Journal of Applied Sport and Exercise Psychology (JASEP) formerly known as "Zeitschrift für Sportpsychologie"). It is published by Hogrefe. It is available on paper or online.

This year's international asp-conference was held in Berlin in May, with more than 250 participants discussing the "diversity of methods". The next international annual conference will take place in Bochum, Germany in May 2025 with the theme "advances in recovery and stress research". The conference website is [www.asp-tagung.de](http://www.asp-tagung.de).

Most of the relevant information about the asp are provided through the website [www.asp-sportpsychologie.org](http://www.asp-sportpsychologie.org) and social media: Instagram, LinkedIn and X with the handle asp\_sportpsycho. The podcast "news and wisdom for the (young) sport psychology researcher" (Neu- und Weisheiten für den (wissenschaftlichen) Nachwuchs) can be listened to on Spotify.

#### **k. International Association of Applied Psychology (IAAP), Division 12 Sport Psychology**

Report submitted by: Montse Ruiz



The International Association of Applied Psychology (IAAP), founded in 1920, is the oldest and largest international association of individual members and affiliate international associations.

Division 12 (Sport Psychology) of the IAAP was established in 1994 at the 23rd International Congress of Applied Psychology (ICAP) in Madrid, Spain. The initiative was taken by Glyn C. Roberts who served as first President.

Division 12 is an interdisciplinary organization that brings together psychologists, researchers, educators, students and other individuals interested in the field of applied Sport Psychology.

The main purposes of Division 12 are: (1) promoting and discussing research and its applications, teaching, and practice related to mental factors that influence and are influenced by participation in sport, exercise, physical education or physical activity in general, (2) collaboration with other divisions (<https://iaapsy.org/divisions>) and other associations, and (3) serving as a network for individuals with a common interest to share information related to research and the application to individuals, teams or organizations.

IAAP publishes two journals: (1) Applied Psychology: An International Review, and (2) Applied Psychology: Health and Well-Being, Division Newsletters, and a monthly e-News.

IAAP organizes a Board of Directors meeting every other year in connection with the International Congress of Applied Psychology (ICAP) and the International Congress of Psychology (ICP). Next ICAP congress will be organized in July 20-26, 2026, in Florence (Italy).

IAAP offers three types of Individual Memberships: (1) Professionals, (2) Early Career Psychologists, available within the two years following graduation, and (3) Students. In addition, IAAP offers Affiliate membership for

organizations, providing engagement opportunities and access to IAAP leadership and members, as well as IAAP webinars and publications among others.

Individual membership benefits include: (1) Online subscription to its journals, (2) reduced registration fees for the ICAP, (3) access to Newsletters and e-News, and to regular IAAP webinars, and (4) 35% off many Wiley books, and discounted rates on personal subscriptions to Wiley journals

You can follow Division 12 in X and LinkedIn with the handle 'IAAP\_Division12'

## **I. International Society of Sport Psychology (ISSP)**

Report submitted by: Robert Schinke

The International Society of Sport Psychology (ISSP) is developing well.

1. The International Society of Sport Psychology is hosting its 2025 World Congress in collaboration with the Hong Kong Sports Institute December 08-12. The congress is being held at a time of year that is regarded as the best month in terms of weather in Hong Kong.
2. The International Society of Sport Psychology recently passed a motion to hold its first ever biannual congress in 2027. The Congress call will be made available within the next two weeks of host countries, and will be referred to as the ISSP International Conference.
3. This past year, there has been a series of continuing education workshops offered through the ISSP Masterclass Series. Presenters have included Chris Wagstaff, Paul Wylleman, Gloria Balague, Charlie Maher, Dieter Hackfort, and Jessica Bartley. Our next offering will be led by Peter Haberl on the topic of mindfulness.
4. The International Society of Sport Psychology Registry has just initiated a new call for eminent practitioners to join our ranks. Nearly 20 eminent practitioners have been onboarded into the registry to support the project from around the world.
5. There is presently an open call for ISSP Ambassador Program Candidates. The ISSP supports developing countries by partially subsidizing an expert scientist practitioner's travel expenses to the successful country. This project is in its seventh year.
6. The International Journal of Sport and exercise psychology continues to expand in popularity. This year, approximately 1000 submissions will be considered by the journal's editorial board.
7. The next Managing Council Election will be held during the 2025 World Congress. There will be a call for nominees early in 2025.

### **m. Japanese Society of Sport Psychology (JSSP)**

Report submitted by: Yasu Tachiya

The Japanese Society of Sport Psychology (JSSP) was founded in 1973 and has approximately 900 members in 2024. JSSP has Japanese *Journal of Sport Psychology* (JJSP). The latest issue of JJSP is the Vol. 51, No. 2 in 2024.

JSSP has the Certified Mental Training Consultant in Sport. JSSP supports a certification program for applied sport psychology professionals. The number of the Certified Mental Training Consultant in Sports is approximately 170 people.

The 51<sup>st</sup> annual conference of JSSP was held in 2024 in person at Hiroshima University in 2024. Next year (2025), the 52<sup>nd</sup> annual conference will be held at Doshisha University in Kyoto.

### **n. North American Society for the Psychology of Sport and Physical Activity (NASPSPA)**

Report submitted by: Anne Cox and Penny McCullagh

The North American Society for the Psychology of Sport and Physical Activity is a multidisciplinary association of scholars from the behavioral sciences and related professions.



The Society functions to:

- Develop and advance the scientific study of human behavior when individuals are engaged in sport and physical activity
- Facilitate the dissemination of information
- Improve the quality of research and teaching in the psychology of sport and exercise, motor development, and motor learning and control

The membership consisted of about 460 members this past year in three areas: Sport and Exercise Psychology, Motor Learning and Control, and Motor Development. Approximately half of these members being in the Sport and Exercise Psychology area and approximately half students.

NASPSPA has a Facebook page (North American Society for the Psychology of Sport and Physical Activity) and an X handle (@NASPSPA). Website:

[www.naspspa.com](http://www.naspspa.com)

#### **Annual Conference**

The annual conference of NASPSPA was held in New Orleans, LA this past June with about 383 individuals present. The program schedule for NASPSPA included presentations in three areas: 1) Sport and Exercise Psychology, 2) Motor Development, and 3) Motor Learning and Control as well as the main

NASPSPA lecture presented this year by **Dr. Marcio A. Oliveira** on artificial intelligence in higher education.

### **Journals**

Two journals are associated with NASPSPA, the Journal of Sport and Exercise Psychology and the Journal of Motor Learning and Development. The organization hosts awards including:

- President's award
- Distinguished Scholar Award
- Early Career Distinguished Scholar Award
- Graduate Student Award for International Conference Travel
- Graduate Student Research Grant.

Major NASPSPA initiatives over the past year have included:

1. Elevating the **Equity, Diversity, Inclusion, and Accessibility Task Force and the Philanthropic** ad-hoc committee to standing committee status within NASPSPA.
2. Inaugural year for the **NASPSPA Mentoring Program** which provides networking and mentoring opportunities for mid-career professional members of NASPSPA and supports informed decisions about career trajectories and long-term career goals.
3. Becoming a founding member of the **Federation of International Societies of Kinesiology and Physical Activity** designed to promote our fields of study, support collaboration, and share resources.
4. Assisting with the **selection for Editors** of both NASPSPA journals: JSEP and JMLD.
5. The **NASPSPA Motor Learning, Development and Control Online Research Seminar Series** (MLDC ORSS) – the MLDC ORSS supports the Society's mission to advance scientific study, improve research quality and facilitate research information dissemination for motor learning, development and control areas. They offered two online seminars this past year.
6. **Teaching Network** – the Teaching Network was designed to create a space for members to develop and refine their teaching expertise within the subdisciplines. Acknowledging an aim of NASPSPA is “to improve the quality of research and teaching in the psychology of sport, motor development, and motor learning and control”, the Teaching Network developed a proposal and framework for promoting teaching. The Teaching Network hosted two workshops this year promoting excellence in teaching.

The 2025 Conference will be held in Lake Tahoe from June 2 to 4<sup>th</sup>. Abstracts will be due on January 15, 2025.

### **o. Norwegian Sport Psychology Association (NOFIP)**

**Report submitted by: Ingar Mehus**

After many years without activity, The Norwegian Sport Psychology Association (NOFIP) saw a revival in 2022. A new board was established, and articles of the association were formalized. Important aims include to advance education, research, and applied work in sport psychology, contribute to increased knowledge and understanding of key themes in sport

psychology, and offer a common meeting ground for people interested in sport psychology.

To achieve these aims the activity of NOFIP is centered around: 1) Annual conference, 2) Webinars, and 3) Website.

The first conference was held October 2022 in Oslo. This was a jubilee conference to mark the revival of NOFIP and covered a broad range of themes. The second conference was held in October 2023 in Oslo under the theme Performance pressure in organized sport. The third conference was held in October 2024, with the theme Sport psychology in organized sport.

NOFIP has hosted a series of webinars, with themes including Sport psychology in Norway, Sport psychology in Olympic Games and Paralympic Games, Talent development: who are the best athletes and why? Boundary breaking pursuit of achievement, and Women and participation in organized sport. The webinars have been free of charge, but with mandatory registration.

The website of NOFIP is located on <https://www.nofip.no/start>

NOFIP is working strategically to expand membership by including relevant Norwegian educational and sporting organizations in NOFIP activities. NOFIP is also reaching out internationally by inviting researchers from other countries to the annual conference and hosting webinars.

## **p. Professional Baseball Mental Performance Society (PBMHS)**

**Report submitted by: Brian Miles and A.J. LaLonde**

The mission of the Professional Baseball Mental Performance Society (PBMPs) is to serve as the primary authority and resource in mental performance through the encouragement, promotion, and application of the most advanced knowledge to optimize mental performance in professional baseball. Additionally, the PBMPs is focused on the professional development and career advancement of Mental Performance professionals employed or contracted as service providers by Major League Baseball (MLB) clubs.

The objectives of the PBMPs are to:

1. Discuss methods, procedures, and interventions for the mental skills development of players and staff in relation to their on-field performance, as well as their progress as professional baseball players and staff.
2. Consider legal and ethical issues relevant within the professional baseball environment which all PBMPs members are expected to audit and adhere to, especially regarding scope of professional practice.
3. Contribute to and participate in relevant programs, workshops, professional meetings, and other professional development activities that support continuing education of PBMPs members.

4. Engage in collegial and productive discussions, between and among members, which serve to be supportive and helpful to their work as mental skills professionals, licensed sport psychologists and performance psychologists, and related professionals.
5. Identify and promote standards and guidelines for the legal, ethical, and effective delivery of mental performance services and other applied sport psychology services across all levels of MLB organizations.
6. Collaborate with officials of MLB and the Major League Baseball Players Association (MLBPA), to ensure appropriate mental performance services are being provided to players and staff by qualified professionals, in accord with evidence-based approaches and ethical standards.

**Name Change:** During the summer of 2024 our group had taken a vote to change the name of our group from 'Professional Baseball Performance Psychology Group' to 'Professional Baseball Mental Performance Society'. We felt the name change was not only more reflective of the work being done, but also mirrors our fellow counterparts in professional baseball (Professional Baseball Strength & Conditioning Society, Professional Baseball Athletic Training Society, & Professional Baseball Physical Therapy Society). We also feel the name change helps delineate our mental performance society from Employee Assistant Programs and Professional Baseball Mental Health Society.

**By-Laws:** We began the revision of our by-laws in 2024, and hope to have them completed by 2025. We have created a s team of voting members who are revising, editing, and updating our overall document.

**2024-2025 Board Member Elections:** As we near the new year, we will be hosting board member elections. Three of our seven board members will have reached their service time, and we will conduct elections to replace their positions (including a new sitting president). President Doug Chadwick, Dr. Richard Ginsberg, and Dr. Hector Morales will be rotating off the board. Brian Miles, John Lannan, Stephanie Hale-Burkhart, and AJ LaLonde will remain on the board.

**Membership Status/Statistics:** We currently have 108 members of The Professional Baseball Mental Performance Society. We have 75 voting members and 33 non-voting members. We currently have 52 CMPC's of our 108 members, with a list of approximately 30 members who are CMPC eligible.

**AASP Social Gathering:** We have been making a deliberate effort in getting our group together (outside of formal meeting times) to help create lines of communication and stronger relationships. During the 2024 AASP Conference in Las Vegas, we we're able to get 10-20 members together for a social gathering.

**Winter Meetings Agenda:** On December 12th, 2024, we will be holding a day-long conference at the MLB Winter Meetings in Dallas Texas. We are submitting abstracts to AASP in hopes to gain approved continuing education credits for this full day conference.

The topics and agenda include:

- PBMP State of the Union: Bylaws, Board, MLB Developments, Membership
- Player Perspectives on Mental Performance in Baseball (Raul Ibanez)
- Mentoring the New Mental Performance Practitioner in Pro Baseball
- Applied Techniques in the use of Imagery in Pro Baseball
- Values Development
- Supporting the Latin Player through Cultural Change, Transition, and Growth in Pro Baseball
- Integration and Cooperation – The Relationship Between Mental Performance Personnel into Player Support with Athletic Trainers, Strength and Conditioning Professionals, Nutritionists, and Mental Health Practitioners

#### q. Society for Sport and Exercise Psychology of Taiwan (SSEPT)

Report submitted by: Chiao-Lin Nien

The Society for Sport and Exercise Psychology of Taiwan (SSEPT), founded in 2000 in Taipei, Taiwan, is devoted to promotion, practice, and development in the disciplines of sport psychology, exercise psychology and motor learning and behavioral research and practices in Taiwan.



- ◆ SSEPT Website: <http://ssept.org.tw/>
- ◆ SSEPT FB: <https://www.facebook.com/groups/1436602289887541>
- ◆ SSEPT YouTube: <https://www.youtube.com/channel/Uck3dxVKZ-nzKzZi6lllofqbw>

#### Executive Committee and MC meeting

Executive committee: The term of an SSEPT executive leader and committee is three years and the SSPET has had 10 terms since 2000. But the term of executive committee has been extended to three years since 2021. The current executive committee is led by Dr. Chiao-Lin Nien, Associate Professor in the Department of Physical Education, National Taiwan University of Sport, since 2023. Details regarding the committee members meetings are as follows:

President	Chiao-Lin Nien
Vice President	Ching-Er Lin
Secretary-General	Chi-Yen Lin
Deputy Secretary-General	Chien-Heng Chu, Chien-Wei Chen, Chih-Han Wu
Director	Mei-Hwa Chen, Ya-Wen Hsu, Feng-Tzu Chen, I-Hua Chu, Tsung-Yu Hsieh, Hsiu-Hui Chen, Shih-Chiung Lai, Chiao-Ling Hung, Han-Ni Peng, Hsiu-Tin Wu, Mei-Chi Chen, Chun-Hao Wang and Yi-Hsiang Chiu,

Supervisor	Ju-Han Lin, Ying-Che Huang, Yeou-Teh Liu, Huai-Hsiao Chiang, and Li-Chin Yeh
Advisory Committee	Li-Kang Chi, Yan-Huei Chuang, Chung-Ju Huang, Tsung-Min Hung, San-Fu Kao, Chu-Min Liao, Su-Yen Liu, Jing-Horng Lu, and Yu-Kai Chang

Below are a few of the SSEPT 2024 activities:

## 1. Journal



*Bulletin of Sport and Exercise Psychology of Taiwan* (ISSN: 1814-5108), established in 2001, is the official journal of the SSEPT. The journal was previously biannual and issued in May and November from 2003 to 2019 and is now triannual and has been issued in March, July and November since 2020. The journal has been recognized as the #1 ranked journal by the Ministry of Science and Technology, Taiwan, and has recently received the honour of placement in the TSSCI (Taiwan Social Sciences Citation Index), the best journal index in the core of the Taiwan Humanities Citation Index. This Journal also received the honour of the Most Influential Journal among other academic journals, according to the Taiwan National Library, in 2024. The current issue is Volume 24, issue 2.

## 2. Sports Consultant Certification

The SSEPT supports a certification program for applied sports psychology professionals. Approximately 200 people have taken this program and achieved the status of “Certified Mental Training Consultant in Sports.” According to the latest renewed list, a total of 101 active consultant were on the list and formed a certified sport psychology consultant database (<http://www.ssept.org.tw/ssept-sport-counselor/ssept-charter-list.html>). This year, we have held “the 8th Sport Psychology Consultant Training Program”. Approximately 50 people have joined this program in 2024. This program started in June 2024 and will carry on courses till August. Now, the practice of a sports psychology consultant is currently underway and will be finished within a year. SSEPT is committed to cultivating more than 40 sport psychology consultants to shape the future of the field.



### 3. Facebook Social media

The SSEPT has created a Facebook page with more than 2,100 followers in 2023 and now is growing to 2900. The SSEPT has created a YouTube channel, Oct, 2021, to promote sport and exercise psychology worldwide via videos. See: <https://www.youtube.com/channel/UCk3dxVKZ-nzKzZi6lllofgbw>



### 4. Future perspective

The SSEPT hosted its annual conference on 24<sup>th</sup>, November 2024 in Changhua county. Over 150 participants joined this annual conference entitled "The Role of Sport Psychology in Addressing Mental Health Challenges in the AI Era". This conference not only had opportunities to share the latest trends in AI but also established further opportunities for sport psychology consultants and academics to cooperate with AI tools.



會議日期 2024年11月24日(星期日)共一日 主辦單位 台灣運動心理學會

## 5. ISSP Master Class

SSEPT cooperated with ISSP to introduce ISSP master classes to our members, including Professor Chris Wagstaff's class, "Using Organizational Sport Psychology to Develop Psychologically Informed Sport Environments." We are going to keep cooperating with ISSP in the future.

## 6. Honor

Two of our members, Professor Yu-Kai Chang and Professor Tsung-Min Hung, who are also past presidents of SSEPT, have received the Outstanding Contribution Award in Sports and Outstanding Contribution Award in Sport Research from the annual conference for all sports organizations in Taiwan.

## 7. Book

Many scholars in the SSEPT have published several popular science books under the background of sport and exercise psychology literature. The first two books (how to train your brain and breakthrough inertia) are by Professor Tsung-



Min Hung, a distinguished international sports psychologist and Fellow of the National Academy of Kinesiology in the United States. The third one (entitled Bagua Daoyin) is from Professor Yu-Kai Chang, the latest fellow of NAK and also one of the world's top 2 % of scientists.

## r. Sport Psychology Council

Report submitted by: Kwok Ng and Judy VanRaalte

The Sport Psychology Council (SPC) was started in the 1990s by Dr. Michael Sachs who was interested in supporting collaboration among sport psychology organizations and leaders. In its current form, the SPC is a group of individuals who represent sport psychology organizations around the world. The SPC gathers at conferences and congresses to share sport psychology organizations' successes, trends, and difficulties and to discuss and implement strategies to promote all organizations and the field of sport psychology. There is no membership fee for organizations to join the SPC

and no bylaws or typical organizational structure. Rather, the SPC maintains its informal status and meets at conferences and congresses when hosted by the generosity of sport psychology organizations worldwide.

The SPC is supported by the Society of Sport and Exercise Psychology of Taiwan (SSEPT), the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), the American Psychological Association Society for Sport, Exercise & Performance Psychology (APA Division 47), the Association for Applied Sport Psychology (AASP), and the International Society of Sport Psychology (ISSP) which provide financial support that has funded the Sport Psychology Council and its website, [www.SportPsychologyCouncil.org](http://www.SportPsychologyCouncil.org) through 2026. The webmaster is Kwok Ng, (University of Limerick, University of Turku, and University of Eastern Finland).

All interested sport psychology organizations are invited to share links to their websites and to link to the [SportPsychologyCouncil.org](http://SportPsychologyCouncil.org) website. The web master has done a review of the website to make sure that links to associations and organizations work correctly. Highlighting the website could enhance connection and collaboration among organizations. Also, it would be helpful for associations to provide their logos for the SPC website. If organisations do not have logos, please notify [webmaster@sportpsychologycouncil.org](mailto:webmaster@sportpsychologycouncil.org)

The SPC mobile friendly website includes information about the Sport Psychology Council, minutes of annual meetings, and links to sport psychology organizations around the world. Overall, since January 2024 (until 7<sup>th</sup> November 2024), there have been approximately 13,000 events on the site, with a total of 920 users, with an average 14 events/counts per user. See figure for global map of events from 1<sup>st</sup> Jan – 7<sup>th</sup> Nov 2024;



Compared with 2023, this is down by 17.5% for the number of views, and down by 14% for the number of events. Despite this, the number of new visitors has increased from 810 in 2023 to 969 in 2024 (until 7<sup>th</sup> November). Most (506/969) visits are through direct acquisition (i.e. typing website into address bar). Referrals from other sites are also population (420/969). Organic searches, such as typing in google or Bing, etc is not that effective (43/969) and none are coming through social media platforms.

Summary, the site is still financially supported by the AASP, although upkeep of the site is managed by Dr Kwok Ng. Please contact Dr Kwok Ng to inform of changes needed on the SportPsychologyCouncil.org.

Website challenges include problems with the mailbox such that the current mailbox is full, and we will need to do a historical deletion of past emails or buy more email server space. If there could be another organisation who could help pay for extra space, then past emails do not get deleted. A decision on this next step is needed.

In a future SPC meeting we might consider opportunities to enhance the visibility and use of the website across organizations.

Ideas for future SPC meetings were also discussed, including how we might rotate the SPC meeting across different conferences, learn who plans to be in attendance before SPC meetings to allow more opportunities to connect informally throughout the conference, plan for opportunities to share organization updates and connect virtually in between more formal conference meetings, offer a remote meeting option during the conference to include more representatives from different sport psychology organizations than are able to attend in person.

This year the in person and virtual options for a Sport Psychology Council meeting were employed and the outcome was successful.

## **s. Swedish Sport Psychology Association**

**Report submitted by: Joakim Karlsson, Emil Andersson**

The Swedish Sports Psychology Association (SIPF) aims to increase interest in sport psychology in Sweden. We have a broad target group to reach out to more people, nationally as well as internationally. This is done mainly by inviting prominent researchers from around the world to our annual conference and through texts and interviews in our magazine FLOW.

The last SIPF conference had the theme, "performing under pressure" and had guest speakers as Geir Jordet, Peter Haberl, Carolina Lundqvist and Amber Mosewich, to name a few. The next year's theme will be about selection in sports. This conference will be held in Stockholm at Bosön in March 2025.

The second issue of our magazine FLOW 2023 had the theme "career transitions". In this issue we had, among other things, interviews/texts from established names such as the researcher Lukas Linner and the sport psychology practitioner Johan Ekengren, as well as an illustration of current research to make it more easily available to the public made by Josefin Lidh. The upcoming next issue will be about applied sport psychology, both concrete ways to apply it and why sport psychology is important to acknowledge. Some of the names that will be in the issue are the Olympic swimming champion Sarah Sjöström, sport psychology practitioner Ulrika Billme and the national team manager in orienteering Håkan Carlsson. To be able to reach more people

with our magazine, we have decided to open it up for everyone to read in a digital form on our website.

## **t. Turkish Psychology Association Sport and Exercise Psychology Unit**

**Report submitted by: Hande Turkeri-Bozkurt**

The objectives and purposes of the SEP working group include establishing an educational system in Turkey that meets global standards in the field of sport and exercise psychology, preventing individuals who lack internationally aligned education from working in applied settings, and regulating the use of professional titles. The SEP working group initially operated under the Turkish Psychological Association and became a member of FEPSAC. However, currently, it is undergoing a restructuring process within Hacettepe University. The group's past activities and future plans are outlined below:

- In 2021, a workshop was organized within the association to address the current state and future of sport psychology in Turkey; however, the solutions to the issues identified at the workshop have yet to be implemented.
- In 2022, issues about sport and exercise psychology were discussed and some reports published at a Sport Psychology Summit organized under the Ministry of Sports. One of the most debated topics at the summit was educational issues in sport psychology; another was the issue of professional titles. Regarding the title issue, it seems to be a topic of annual debate. In Turkey, the lack of a psychologists' law complicates even the use of the psychologist title, so using titles in sport psychology is a significant problem. Titles like "sports performance consultant," "athletic performance consultant," or "mentor" are used and add to the confusion in the field. As for education, the insufficiency of master's and doctoral programs that integrate sports and psychology to the recommended international standards and the shortage of academically trained specialists to meet demand are among the primary barriers facing the field in Turkey. A well-defined career path bridging sports and psychology has not yet been established. Debates over ownership of the field continue between those coming from sports backgrounds and those from psychology.
- In the near future, the SEP working group aims to establish a type of post-graduate complementary education program, renewing the FEPSAC membership and focusing on the certification pathways offered by FEPSAC.
- Finally, one of the biggest problems is supervision in Turkey. In the near future, the SEP working group aims to develop a program for accrediting individuals working as educators or practitioners in the field of sport and exercise psychology.

## u. Women Sport International

Report submitted by: Ani Chroni



### 1. General Introduction:

WSI is working to ensure opportunities for all girls and women to participate at all levels in sport/physical education and physical activity by using valid data and education as strong advocacy tools to bring about a safe and equitable environment for participation.

Internally the WSI Board have been working to re-build its organizational structure, renew partnerships, and develop a stronger presence as a leading advocacy and education organization for women in sport.

#### Internal:

Much of the efforts this past year were to increase our image and continue to advance our administrative base including:

- Initiation of a strategy team in January/February 2024
- To meet the needs of members and Board members a new policy on inclusion and accommodations for persons with disability was approved – a copy is available on our website.

Note, WomenSport International is operated completely by volunteers, as a result, the role of the Board is both policy and operational. To fulfil our goal and objectives, each board member sits on a committee and/or chairs a task force on a specific topic.

Each Task Force consists of a minimum of five (5) to nine (9) experts, extending the knowledge base and reach of WomenSport International. Through our Task Forces, we have expanded our relationships and are working with a variety of new organizations including for example the African Union Sports Council Region 5, Association of National Olympic Committees of Africa Zone VI.

- **Task Force: Sport in a post binary world:** An annotated bibliography on transgender and sexual differences conducted by Carole Oglesby presents research on the issues from all points of view and is available.
- **International Task Force: UNCO'S Fit for LIFE -** Coordinates advocacy campaigns on specific topics such as duty of care for female athletes and women as coaches.
- **Leadership** (initiated in 2021): appointed a new chair late in 2023. The 2024 emphasis is on Latin American countries -leadership and coaching – headed by Clemencia MAYA.

- **Non-Accidental Violence in Sport:** Aligned with Safe Sport International cooperation and education on issues and prevention are working on an article for publication in 2024. Two Board members are on the IOC team developing the IOC's statement on safeguarding – Kari Fasting and Margo Mountjoy. WSI encouraged and advised on the research conducted on abuse in Netball – conducted during the Netball World Cup 2023 as part of the South Africa legacy toward prevention of abuse in Netball. Also assisted in ensuring a safeguarding program was in place by the Local Organizing Committee using the expertise of the SafeSport Task Team of Southern Africa – Malebo Raditaldi.
- **Persons with a Disability** research study being conducted in Southern Africa in partnership with the University of Johannesburg and the African Union Sport Council Region 5, results on persons with a disability and gender leadership in sport is available. Indonesia Sport for Development for Youth with Mixed Disabilities – Train the Trainers Program launched August 2023. [www.asaalfgroup.org](http://www.asaalfgroup.org) (Dr. Becky Clark)
- **Health and wellbeing** – looking at research on these areas and bringing to the sport sector.
- **Women in the Media** – restarted in 2024.

## 2. Activities

- WSI hosted webinars promoting -mentoring, empowering programs, technology and women and girls.
- UN CSW-67, hosted parallel event with WSF, IWG, IAPESGW and TAFISA – 125 attendees.
- Siga Sport Integrity Week – WSI webinar 'Women Leaders, Innovators and Protectors'
- Siga mentorship program: Carole Oglesby – mentor with/for Siga
- Board members presented their work at the European Union Conference on Gender Equality in Sport, TAFISA, SafeSport International, Sport for Development Indonesia, South Africa Women in Sport Conference and conducting leadership training sessions around the world from Columbia, Africa, Japan, and Europe. Board members are represented via their universities or different organizations while promoting and sharing results with but WSI.
- 16 Days of Activism – social media statements and videos by Board members, website, Facebook, Linked-in, X.

## Connections:

### Meetings:

- ICSSPE – Board representation, project development with partners in southern Africa.
- UNESCO – Meeting to discuss the future of the IWG with Phillip Millar-Wright, Carole Oglesby and Diane Huffman.
- Global Observatory – Lombe Mwambwa and Jean-Baptiste Dembreville – GO and WSI, support and collaborations, future of the GO.
- SportforIMPACT – looking at development of an empowering girls and women program – Diane Huffman, Carole Oglesby and Kanae Haneishi – bringing researchers together – not sure where this will go.
- MINEPS – Approval and statement of support on Gender equity by WSI. Attended Mineps – Diane Huffman and Carole Oglesby.

- Global Observatory Strategy Session, Paris – role of GO and partners, area of priorities and review of indicators – Diane Huffman
- TAFISA – Diane Huffman, Game Mothibi, Jean-Francois Laurent – collaboration and partnership
- IOC – Safeguarding advisory team Kari Fasting and Margo Mountjoy and IOC Medical Advisory Team – Margo Mountjoy.
- UNESCO – looking at Fit For LIFE and role of WSI Task Team – review of indicators and theory of Change.

There has been an increased interest in our work over the past year, encouraging us to continue to spend the next two years to raise awareness and build a strong financial foundation in research and development on opportunities for girls and women’s equitable participation in all levels of sport – emphasis on health and wellbeing, equitable recourses.

#### **Relationship renewals and development:**

Collaboration with like-minded organizations has been a major focus. WSI has continued its collaborations and alliance with ACSM, ICSSPE, IWG and IAPESGW, UNESCO and IOC.

We are part of the Sport for Development and Peace (SDP) action movement as a member of the group involving UNESCO, WHO, ILO, ICSSPE and others. As a result, we have been approached by organizations outside of sport to work together to promote healthy lifestyles. Unless the organizations contribute to our overall goals, we suggest they become members, but do not fully engage in their activities.

Furthermore, many Board members are engaged to advise and conduct research on specific areas impacting women and sport from a variety of organizations.

In the coming year, we plan to review our existing relationships to better benefit our overall goals and objectives.

### **3. Presentations**

Members of the Board of WSI have also been actively presenting their work at several other conferences around the world. A list of the presentations can be found on the WSI website: <https://womensportinternational.org/>  
<https://womensportinternational.org/index.php/archive/>

### **4. Special Acknowledgements**

- WSI will start a scholarship fund in the name of Celia Brackenridge – a founding member of WSI and a dedicated and passionate researcher and advocate for gender equality and the elimination of abuse and harassment of girls and women in sport.
- Kari Fasting was given the highest order of Norway from the King of Norway in recognition of her work’s impact on gender equity in Norway and around the world.
- Carole Oglesby was recognized by the Council of Europe for her long-standing contribution to gender equality.

8. New Business
  - a. Remind organizations that they can link to **SportPsychologyCouncil.org**
    - i. Plan for new languages and organizations to be added to the website
    - ii. Correct any errors or failed links
  - b. Sport Psychology Council meeting enhancements
    - i. In-person plus remote/zoom meeting format to continue
    - ii. Sharing information on attendees prior to next Sport Psychology Council meeting to continue
  - c. Other issues
    - i. Suggest Sport Psychology Council meeting location for next year
  - d. Action Items

Action	Assigned To	Deadline
Review minutes and submit corrections to Judy VanRaalte (jvanraal@SpringfieldCollege.edu)	Everyone	30 December 2024
Check organizational links and logos on SportPsychologyCouncil.org. Email link and logo updates to Judy VanRaalte (jvanraal@SpringfieldCollege.edu)	Everyone	Ongoing
Support website linking to organizations to SportPsychologyCouncil.org website	Everyone	30 December 2024
Suggest location for 2025 Sport Psychology Council meeting.	Everyone	30 December 2024

#### 4 NEXT MEETING

Suggested sites for future meetings –AASP 2025, ISSP 2025, NASPSA 2025